the YMCA

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

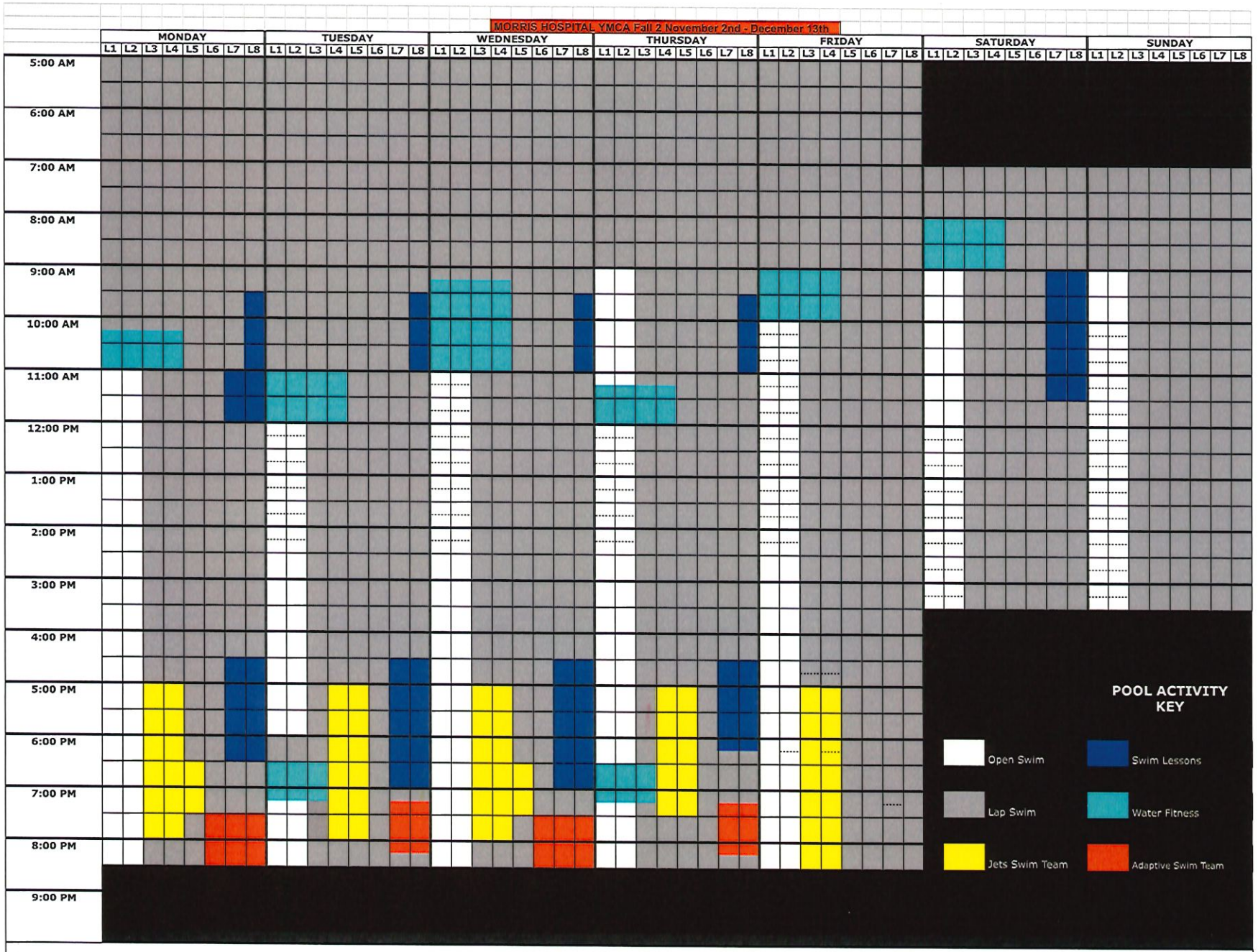
SWIMMING FURTHER FASTER

Pool Schedule

November 2, 2026 - December 13, 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LAP SWIM	5 am - 8:30 pm	5 am - 8:30 pm	5 am - 8:30 pm	5 am - 8:30 pm	5 am - 8:30 pm.	7 am - 3:30 pm	7 am - 3:30 pm
OPEN SWIM	11 am - 8:30 pm	12 pm - 6 pm 7:15 pm - 8:30 pm	11 am - 8:30 pm	9 am - 11:15 am 12 pm - 8:30 pm	10 am - 8:30 pm	9 am - 3:30 pm	9 am - 3:30 pm
GROUP SWIM LESSONS	9:15 am - 12 pm 4:30 pm - 6:30 pm	4:30 pm - 6:30 pm	4:30 pm - 6:30 pm	9:15 am - 11 am 4:30 pm - 6:30 pm		9:15 am - 11:30 am	
WATER FITNESS	10:15 am - 11 am	**6:30pm - 7:15pm**	9:15 am - 10 am 10:15 am - 11 am	11:15 am - 12 pm **6:30pm - 7:15pm**	9:05 am - 9:50 am	8:05 am - 8:50 am	
DEEP WATER EXERCISE		11:05 - 11:50 am					
JETS	5 pm - 8 pm	5 pm - 7:30 pm	5 pm - 8 pm	5 pm - 7:30 pm	5 pm - 8:30 pm		
ADAPTIVE SWIM TEAM	7:30 pm - 8:30 pm	7:15 pm - 8:15 pm	7:30 pm - 8:30 pm	7:15 pm - 8:15 pm			

MORRIS HOSPITAL YMCA
2200 W. Dupont Avenue | Morris, IL 60450
(815) 513-8080 | www.jolietymca.org



Please note: Lap swimmers will need to share lanes. Schedule is subject to change due to special events, and at lifeguard discretion.