FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

C.W. Avery Family YMCA Gym Schedule

Fall 3 Session November 2nd- November 29th, 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Scheduled Programs & Classes					
Boot Camp 5:15-6:15am Court 1 & 2	**Open Adult** Pickleball 5:00-9:00am Court 1	Boot Camp 5:15-6:15am Court 1 & 2	**Open Adult Badminton** 7:00-9:00am Court 1	Boot Camp 5:15-6:15am Court 1 & 2	**Open Adult** Basketball 6:00-8:45am Court 1 & 2
Open Adult Badminton 7am-9am Court 1		**Open Adult Pickleball** 7am-9am Court 1 & 2	**Open Adult** Pickleball 9:00-12:00pm Court 1		**Open Adult** Pickleball 9:00-12:00pm Court 21
		Open Adult Pickleball 9:00am-12:00pm Court 1			**Open Adult Badminton** 12-2pm Court 1
					Sunday
					Open Adult Basketball 7:00-9:00am Court 1 & 2
	Sports Class 5:00-6:15pm Court 1	Sports Class 5:00-6:00pm Court 1			**Open Adult Badminton** 9am-11am Court 1
	Sports Class 6:15-7:15pm Court 1	Sports Class 6:00-7:00pm Court 1	**Open Adult** Pickleball 6:30-8:30pm Court 1		
Open Adult Pickleball 7:15-8:45pm Court 1		Sports Class 7:00-8:00pm Court 1			

Shaded programs require pre-registration.
** Programs require App reservations.

Open Gym Schedule and Gym Rules on Back

C.W. AVERY FAMILY YMCA
A branch of the Greater Joliet Area YMCA
15120 Wallin Drive • Plainfield, IL 60544
P: (815) 267-8600 F: (815) 267-8601 W: www.jolietymca.org

United Way

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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	OPEN GYM					
Court 1	5:00-5:15am 6:15-7:00am 9:00am-7:15pm 8:45pm-9:45pm	9:00-5:00pm 7:15am-9:45pm	5:00-5:15am 6:15-7:00am 12:00-5:00pm 8:00-9:45pm	5:00-7:00am 12:00-6:30pm 8:30pm-9:45pm	5:00-5:15am 6:15am-9:45pm	2:00-5:30pm
Court 2	5:00-5:15am 6:15am-9:45pm	5:00am-9:45pm	5:00-5:15am 6:15-7:00am 9:00am-9:45pm	5:00am-9:45pm	5:00-5:15am 6:15-9:45pm	9am-5:30pm

Sunday: (Court 1) 11:00am-3:30pm (Court2) 9:00am-3:30pm

Gym Rules - Including Track and Courts

BASKETBALL COURTS WILL CLOSE AT 9:45PM MONDAY THROUGH FRIDAY
BASKETBALL COURTS WILL CLOSE A HALF HOUR BEFORE YMCA CLOSES ON WEEKENDS

These rules apply to class participants as well as general users of the gym
This schedule is subject to change for days out of school, special events and event changes due to the weather!

- Only water is allowed in the gym - No food, sports drinks, pop, etc.
- Only instructors may bring stereos and sound equipment in the gym
- Appropriate attire is required in the gym – shorts, shirts, and shoes are mandatory
- For the safety of all of our members, ALL bags, coats and other belongings MUST be stored in the cubbies OR put in locker. The C.W. Avery Family YMCA recommends bringing a lock to secure personal belongings as the Y is not responsible for lost, stolen or broken items.
- Belongings are NOT allowed on the track or gym floor.
- Fighting will not be tolerated
- Hanging on basketball rims or nets will not be tolerated
- No full court games are allowed while classes are in progress. During times of high player traffic, when classes are in progress or at the staff member's discretion, full court games are not allowed
- Indoor Track is available for running and walking while gym curtains are down
- Full-Court/Half-Court Games: When more than 20 individuals occupy a basketball court, overflow participants may be asked to use the other side of the gym. When this occurs, no full-court or half-court games of any kind are allowed in the gym.
- Youth/Family Hoop Policy: During times of high traffic, at the discretion of the gym supervisor on duty, the Youth/Family Hoop Policy may go into effect. When this occurs, members will be asked to defer space on one hoop to groups with children ages 12 and under.

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