

SWIMMING FURTHER FASTER

C.W. AVERY FAMILY YMCA POOL SCHEDULE



Fall 2 2026: Monday September 28th - Sunday November 1st

	FAMILY POOL SCHEDULE						
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN SWIM (LARGE SLIDES AND SPLASH PLAYGROUND)	6:20P-8:00P	6:20P-8:00P	6:20P-8:00P	6:20P-8:00P	5:00P-8:00P	12:00P-5:00P	12:00P-3:30P
SPLASH PLAYGROUND ONLY	9:30A-12:00P 5:00P-6:20P	9:30A-12:00P 5:00P-6:20P	9:30A-12:00P 5:00P-6:20P	9:30A-12:00P 5:00P-6:20P	10:00A-12:00P		
WATER VORTEX (OPEN TO ALL AGES)	6:00P-8:00P	6:00P-7:15P	6:00P-8:00P	6:00P-7:15P	5:00P-8:00P	12:00P-5:00P	12:00P-3:30P
WATER WALKING (ADULTS ONLY)	9:30A-12:00P 4:30P-6:00P	9:30A-12:00P 4:30P-6:00P 7:15P-8:00P	9:30A-12:00P 4:30P-6:00P	9:30A-12:00P 4:30P-6:00P 7:15P-8:00P	10:00A-12:00P	8:40A-12:00P	
GROUP SWIM LESSONS	9:30A-12:00P 4:30P-6:20P	9:30A-12:00P 4:30P-6:20P	4:30P-6:20P	9:30A-12:00P 4:30P-6:20P		8:40A-12:00P	
WATER FITNESS			9:30A-10:15A Water Fitness by Rhonda				

	LAP POOL SCHEDULE						
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LAP SWIM	5:00A-5:00P 8:00P-9:00P	5:00A-5:00P 8:00P-9:00P	5:00A-5:00P 8:00P-9:00P	5:00A-5:00P 8:00P-9:00P	5:00A-5:00P 8:00P-9:00P	6:00A-8:30A 12:00P-5:30P	7:00A-3:30P
LAP SWIM 15+	5:00P-8:00P	5:00P-8:00P	5:00P-8:00P	5:00P-8:00P	5:00P-8:00P	8:30A-12:00P	
OPEN SWIM	10:30A-3:00P 7:00P-9:00P	10:00A-3:00P 7:00P-9:00P	9:00A-3:00P 7:00P-9:00P	9:30A-3:00P 7:00P-9:00P	9:30A-9:00P	12:00P-5:30P	9:00A-3:30P
GROUP SWIM LESSONS	4:30P-8:00P	4:30P-7:00P	4:30P-8:00P	4:30P-7:00P		8:40A-12:00P	
WATER FITNESS	9:45A-10:30A Water Fitness by Cheryl ----- 1:30P-2:30P Open Water by Mary	5A-6A & 6A-7A Master's Swim ----- 9:00A-9:45A Water Fitness by Janet		5A-6A & 6A-7A Master's Swim ----- 8:30A-9:15A Deep Water Fitness by Janet	8:30A-9:15A Water Fitness by Rhonda		7:00A-8:15A Master's Swim
JETS SWIM TEAM	5:00P-9:00P	5:00P-9:00P	5:00P-9:00P	5:00P-9:00P	5:00P-8:30P	8:00A-12:00P	
H.S. Swim Team	5:30A-6:45A 2:45P-5:00P	2:45P-5:00P	5:30A-6:45A 2:45P-5:00P	2:45P-5:00P	2:45P-5:00P	6:00A-8:00A	

Plainfield H.S. Swim Team Practice Mon-Fri 2:45P-5P & Mon and Wed 5:30A-6:45A & Sat 6A-8A. EXPECT FEWER LANES.

Plainfield H.S. Swim Meet on Fri 10/2 from 3P-7:30P. Lap Pool Closed during meet.

JETS Swim Practice Mon-Thurs 5P-9P & Fri 5P-8:30P & Sat 8A-12P. EXPECT FEWER LANES.

Floating Pumpkin Patch Fri 10/23 5:30P-7:30P. Registration is required.

Sensory Swim/Adaptive Water Fitness Sun 10/11 11A-12P. Registration is required.

Abbreviated Family Pool Hours for Saturday October 31st from 12P-3P.

Day out of School on Mon 10/12 & Mon 10/26 from 9:30A-12:00P. EXPECT HIGHER VOLUME IN FAMILY POOL.

Please review the lap lane pool usage schedule to determine lane availability during high volume times.

C.W. AVERY FAMILY YMCA POOL SCHEDULE
9/28/2026 - 11/1/2025

	MONDAY								TUESDAY								WEDNESDAY								THURSDAY								FRIDAY								SATURDAY								SUNDAY							
	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8								
5:00 AM																																																								
6:00 AM																																																								
7:00 AM																																																								
8:00 AM																																																								
9:00 AM																																																								
10:00 AM																																																								
11:00 AM																																																								
12:00 PM																																																								
1:00 PM																																																								
2:00 PM																																																								
3:00 PM																																																								
4:00 PM																																																								
5:00 PM																																																								
6:00 PM																																																								
7:00 PM																																																								
8:00 PM																																																								
9:00 PM																																																								

Open Swim

Lap Swim

Jets Swim Team

NAVY

Swim Lessons

Water Fitness

H.S. Swim

Lap Swim 15+

Please note: Lap swimmers will need to share lanes. Schedule is subject to change due to special events, and at lifeguard discretion.