



C.W. Avery Family YMCA Gym Schedule Spruce Up Week 1 Aug 10th- Aug 16th, 2026

**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Scheduled Programs & Classes					
	Open Adult Pickleball 5:00-9:00am Court 1 (If Weather Permits Camp to be Outside)		Open Adult Basketball 6:00-9:00am Court 1 & 2		**Open Adult** Basketball 6:00-8:45am Court 1 & 2
Open Adult Badminton 7am-9am Court 1 (If Weather Permits Camp to be Outside)		**Open Adult Pickleball** 7am-9am Court 1 & 2			**Open Adult** Pickleball 9:00am-12:00pm Court 1
Day Camp 9:00-4:30pm Court 1 (If Inclement Weather)	Day Camp 9:00-4:30pm Court 1 (If Inclement Weather)	Day Camp 9:00-4:30pm Court 1 (If Inclement Weather)	GYM CLOSED 9:00am-3:00pm Court 1	GYM CLOSED 9:00am-3:00pm Court 2	
					Sunday
			Open Adult Pickleball 6:30-8:30pm Court 1		**Open Adult** Basketball 7:00-9:00am Court 1 & 2
Open Adult Pickleball 7:15-8:45pm Court 1					**Open Adult Badminton** 9-11am Court 1

Shaded programs require pre-registration

****Programs require YMCA App Reservations**

Open Gym Schedule and Gym Rules on Back

AUGUST 10-12: IF INCLEMENT WEATHER, COURTS 1 & 2 WILL BE CLOSED DUE TO DAY CAMP

C.W. AVERY FAMILY YMCA

A branch of the Greater Joliet Area YMCA

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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Open Gym					
Court 1	6:15am-7:00am 9:00am-7:15pm*	9:00am-9:45pm*	6:15am-7:00am 9:00am-9:45pm*	5:00am-6:00am 3:00-6:30pm 8:30-9:45pm	6:15am-9:45pm	12:00pm-5:30pm
Court 2	6:15am-9:45pm*	5:00am-9:45pm*	6:15am-7:00am 9:00am-9:45pm*	5:00am-6:00am 9:00am-9:45pm	6:15am-9:00am 3:00pm-9:45pm	8:45am-5:30pm

Sunday: (Court 1) 11:00am-3:30pm (Court 2) 9:00am-3:30pm

***AUGUST 10-12: DURING INCLEMENT WEATHER, COURTS 1 & 2 MAY BE CLOSED FROM 9AM-4:30PM DUE TO DAY CAMP**

Gym Rules - Including Track and Courts

BASKETBALL COURTS WILL CLOSE AT 9:45PM MONDAY THROUGH FRIDAY

BASKETBALL COURTS WILL CLOSE A HALF HOUR BEFORE YMCA CLOSING ON WEEKENDS

These rules apply to class participants as well as general users of the gym

This schedule is subject to change for day camp, special events and event changes due to the weather!

- Only water is allowed in the gym - No food, sports drinks, pop, etc.
- Only instructors may bring stereos and sound equipment in the gym
- Appropriate attire is required in the gym – shorts, shirts, and shoes are mandatory
- For the safety of all of our members, ALL bags, coats and other belongings MUST be stored in the cubbies OR put in locker. The C.W. Avery Family YMCA recommends bringing a lock to secure personal belongings as the Y is not responsible for lost, stolen or broken items.
- Belongings are NOT allowed on the track or gym floor.
- Fighting will not be tolerated
- Hanging on basketball rims or nets will not be tolerated
- No full court games are allowed while classes are in progress. During times of high player traffic, when classes are in progress or at the staff member's discretion, full court games are not allowed
- Indoor Track is available for running and walking while gym curtains are down
- Full-Court/Half-Court Games: When more than 20 individuals occupy a basketball court, overflow participants may be asked to use the other side of the gym. When this occurs, no full-court or half-court games of any kind are allowed in the gym.
- Youth/Family Hoop Policy: During times of high traffic, at the discretion of the gym supervisor on duty, the Youth/Family Hoop Policy may go into effect. When this occurs, members will be asked to defer space on one hoop to groups with children ages 12 and under.