



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

SWIMMING FURTHER FASTER

Pool Schedule

March 9, 2026 - April 19, 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LAP SWIM	5 am - 8:30 pm	5 am - 8:30 pm	5 am - 8:30 pm	5 am - 8:30 pm	5 am - 8:30 pm.	7 am - 3:30 pm	7 am - 3:30 pm
OPEN SWIM	11 am - 8:30 pm	11 am - 6 pm 7:15 pm - 8:30 pm	11 am - 8:30 pm	9 am - 11:15 am 12 pm - 8:30 pm	10 am - 8:30 pm	9 am - 3:30 pm	9 am - 3:30 pm
GROUP SWIM LESSONS	9:30 am - 12 pm 4:30 pm - 6:20 pm	9:30 am - 11 am 4:30 pm - 6:20 pm	4:30 pm - 7 pm	4:30 pm - 6:20 pm		8:40 am - 11:10 am	
WATER FITNESS	10:15 am - 11 am	6:30 pm - 7:15 pm	9:15 am - 10 am 10:15 am - 11 am	11:15 am - 12 pm	9:05 am - 9:50 am	8:05 am - 8:50 am	
DEEP WATER EXERCISE		11:05 - 11:50 am					
JETS SWIM TEAM							
ADAPTIVE SWIM TEAM	7 pm - 8 pm		7:30 pm - 8:30 pm	6:15 pm - 7:15 pm			

MORRIS HOSPITAL YMCA

2200 W. Dupont Avenue | Morris, IL 60450
 (815) 513-8080 | www.jolietymca.org



MORRIS HOSPITAL YMCA MARCH 8, 2026 - APRIL 19, 2026

	MONDAY								TUESDAY								WEDNESDAY								THURSDAY								FRIDAY								SATURDAY								SUNDAY																							
	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8																
5:00	[Lap Swim]																																																																							
6:00	[Lap Swim]																																																																							
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9:00 PM	[Lap Swim]																																																																							

POOL ACTIVITY KEY

- Open Swim
- Lap Swim
- Jets Swim Team
- Swim Lessons
- Water Fitness
- Adaptive Swim Team

Please note: Lap swimmers will need to share lanes. Schedule is subject to change due to special events, and at lifeguard discretion.