



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# SWIMMING FURTHER FASTER Pool Schedule

## February 2 - March 8, 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LAP SWIM	5 am - 8:30 pm	5 am - 8:30 pm	5 am - 8:30 pm	5 am - 8:30 pm	5 am - 8:30 pm.	7 am - 3:30 pm	7 am - 3:30 pm
OPEN SWIM	11 am - 8:30 pm	11 am - 6 pm	11 am - 8:30 pm	9 am - 11:15 am 12 pm - 8:30 pm	10 am - 8:30 pm	9 am - 3:30 pm	9 am - 3:30 pm
GROUP SWIM LESSONS	9:30 am - 12 pm 4:30 pm - 6:20 pm	9:30 am - 11 am 4:30 pm - 6:20 pm	4:30 pm - 7 pm	4:30 pm - 6:20 pm		8:40 am - 11:10 am	
WATER FITNESS	10:15 am - 11 am	6:30 pm - 7:15 pm	9:15 am - 10 am 10:15 am - 11 am	11:15 am - 12 pm	9:05 am - 9:50 am	8:05 am - 8:50 am	
DEEP WATER EXERCISE		11:05 - 11:50 am					
JETS SWIM TEAM	5 pm - 8 pm	5 pm - 7:30 pm	5 pm - 8 pm	5 pm - 7:30 pm	5 pm - 8:30 pm		

**MORRIS HOSPITAL YMCA**

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