

SWIMMING FURTHER FASTER

C.W. AVERY FAMILY YMCA POOL SCHEDULE



Winter 2 2026: Monday, February 2nd – Sunday, March 8th

| FAMILY POOL SCHEDULE | | | | | | | |
|---|-----------------------------|--|---|--|---------------|--------------|--------------|
| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
| SPLASH PLAYGROUND ONLY | 9:30A-12:00P 5:00P-6:20P | 9:30A-12:00P 5:00P-6:20P | 9:30A-12:00P 5:00P-6:20P | 9:30A-12:00P 5:00P-6:20P | 10:00A-12:00P | | |
| OPEN SWIM (LARGE SLIDES AND SPLASH PLAYGROUND) | 6:20P-8:00P | 6:20P-8:00P | 6:20P-8:00P | 6:20P-8:00P | 5:00P-8:00P | 12:00P-5:00P | 12:00P-3:30P |
| WATER WALKING (ADULTS ONLY) | 9:30A-12:00P 4:30P-6:00P | 9:30A-12:00P 4:30P-6:00P 7:15P-8:00P | 9:30A-12:00P 4:30P-6:00P | 9:30A-12:00P 4:30P-6:00P 7:15P-8:00P | 10:00A-12:00P | 8:40A-12:00P | |
| WATER VORTEX (OPEN TO ALL AGES) | 6:00P-8:00P | 6:00P-7:15P | 6:00P-8:00P | 6:00P-7:15P | 5:00P-8:00P | 12:00P-5:00P | 12:00P-3:30P |
| GROUP SWIM LESSONS | 9:30A-12:00P 4:30P-6:20P | 9:30A-12:00P 4:30P-6:20P | 4:30P-6:20P | 9:30A-12:00P 4:30P-6:20P | ----- | 8:40A-12:00P | |
| WATER FITNESS | | | 9:30A-10:15A Water Fitness by Rhonda | | | | |

JETS practice Mon-Thurs 5P-9P & Fri 5P-8:30P & Sat 8A-12P. EXPECT FEWER LANES.

H.S. Swim Team practice Mon - Fri 2:45P-5P & Sat 6A-8A. EXPECT FEWER LANES.

Day out of School on Mon 2/16 & Fri 2/27 from 9:30A-12P. EXPECT HIGHER VOLUME IN FAMILY POOL.

Sensory Swim/Adaptive Water Fitness on Sun 2/8 & Sun 3/8. REGISTRATION IS REQUIRED.

Plainfield Fire Department Training Mon 2/23 from 9:30A-12:30P in lanes 6-8.

Please review the lap lane pool usage schedule to determine lane availability during high volume times.

| LAP POOL SCHEDULE | | | | | | | |
|---------------------------|---|---|----------------------------|--|--|-----------------------------|------------------------------|
| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
| LAP SWIM | 5:00A-5:00P 8:00P-9:00P | 5:00A-5:00P 7:00P-9:00P | 5:00A-5:00P 8:00P-9:00P | 5:00A-5:00P 7:00P-9:00P | 5:00A-5:00P 8:00P-9:00P | 6:00A-8:30A 12:00P-5:30P | 7:00A-3:30P |
| LAP SWIM 15+ | 5:00P-8:00P | 5:00P-7:00P | 5:00P-8:00P | 5:00P-7:00P | 5:00P-8:00P | 8:30A-12:00P | |
| OPEN SWIM | 10:00A-3:00P 7:00P-9:00P | 10:00A-3:00P 7:00P-9:00P | 9:00A-3:00P 7:00P-9:00P | 9:00A-3:00P 7:00P-9:00P | 9:30A-9:00P | 12:00P-5:30P | 9:00A-3:30P |
| GROUP SWIM LESSONS | 10:50A-11:20A 4:30P-8:00P | 4:30P-7:00P | 4:30P-8:00P | 4:30P-7:00P | ----- | 8:40A-12:00P | |
| WATER FITNESS | 8:30A-9:15A Water Fitness by Minerva 1:30P-2:30P Open Water Swim by Mary | 5A-6A & 6A-7A Master's Swim 9:00A-9:45A Water Fitness by Janet | | 5A-6A & 6A-7A Master's Swim 8:00A-8:45A Deep Water Fitness by Minerva | 8:30A-9:15A Water Fitness by Rhonda | | 7:00A-8:15A Master's Swim |
| JETS SWIM TEAM | 5:00P-9:00P | 5:00P-9:00P | 5:00P-9:00P | 5:00P-9:00P | 5:00P-8:30P | 8:00A-12:00P | |
| H.S. SWIM TEAM | 2:45P-5:00P | 2:45P-5:00P | 2:45P-5:00P | 2:45P-5:00P | 2:45P-5:00P | 6:00A-8:00A | |



C.W. AVERY FAMILY YMCA POOL SCHEDULE
2/2/2026 - 3/8/2026

| | MONDAY | | | | | | | | TUESDAY | | | | | | | | WEDNESDAY | | | | | | | | THURSDAY | | | | | | | | FRIDAY | | | | | | | | SATURDAY | | | | | | | | SUNDAY | | | | | | | | | | | | | | |
|----------|--------|----|----|----|----|----|----|----|---------|----|----|----|----|----|----|----|-----------|----|----|----|----|----|----|----|----------|----|----|----|----|----|----|----|--------|----|----|----|----|----|----|----|----------|----|----|----|----|----|----|----|--------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| | L1 | L2 | L3 | L4 | L5 | L6 | L7 | L8 | L1 | L2 | L3 | L4 | L5 | L6 | L7 | L8 | L1 | L2 | L3 | L4 | L5 | L6 | L7 | L8 | L1 | L2 | L3 | L4 | L5 | L6 | L7 | L8 | L1 | L2 | L3 | L4 | L5 | L6 | L7 | L8 | L1 | L2 | L3 | L4 | L5 | L6 | L7 | L8 | L1 | L2 | L3 | L4 | L5 | L6 | L7 | L8 | L1 | L2 | L3 | L4 | L5 | L6 | L7 |
| 5:00 AM | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 6:00 AM | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 7:00 AM | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 8:00 AM | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 9:00 AM | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10:00 AM | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 11:00 AM | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 12:00 PM | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 1:00 PM | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 2:00 PM | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 3:00 PM | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4:00 PM | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 5:00 PM | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 6:00 PM | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 7:00 PM | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 8:00 PM | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 9:00 PM | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

**POOL
ACTIVITY
KEY**

- Open Swim
- Lap Swim
- Jets Swim Team
- NAVY
- Swim Lessons
- Water Fitness
- H.S Swim
- Lap Swim 15+

Please note: Lap swimmers will need to share lanes. Schedule is subject to change due to special events, and at lifeguard discretion.