



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# SWIMMING FURTHER FASTER

## Pool Schedule

### July 7 - August 10

|                    | MONDAY                                 | TUESDAY  | WEDNESDAY                                   | THURSDAY  | FRIDAY                                 | SATURDAY              | SUNDAY             |
|--------------------|--|--|---|---|--|-----------------------|--------------------|
| LAP SWIM           | 5 a.m. - 8:30 p.m.                     | 5 a.m. - 8:30 p.m.   | 5 a.m. - 8:30 p.m.                          | 5 a.m. - 8:30 p.m.  | 5 a.m. - 8:30 p.m.                     | 7 a.m. - 3:30 p.m.    | 7 a.m. - 3:30 p.m. |
| OPEN SWIM          | 11 a.m. - 1 p.m.<br>3 p.m. - 8:30 p.m. | 10:30 a.m. - 1 p.m.<br>3 p.m. - 6 p.m.<br>8 p.m. - 8:30 p.m. | 11 a.m. - 8:30 p.m.                         | 9 a.m. - 11:00 a.m.<br>12 p.m. - 1 p.m.<br>3 p.m. - 8:30 p.m. | 01 a.m. - 1 p.m.<br>3 p.m. - 8:30 p.m. | 9 a.m. - 3:30 p.m.    | 9 a.m. - 3:30 p.m. |
| GROUP SWIM LESSONS | 9:00 am - 12:00pm<br>3:30 pm - 6:20 pm | 9:00 am - 11:00 am<br>3:30 pm - 6:20 pm                      | 9:00 am - 10:30 am<br>3:30 pm - 6:20 pm     | 9:00 am - 10:30 am<br>3:30 pm - 6:20 pm                       | No Group Swim                          | 8:40 am - 12 pm       | No Group Swim      |
| WATER FITNESS      | 10:15 a.m. - 11:00 a.m.                | 6:15 p.m. - 7:00 p.m.<br>7:15 p.m. - 8:00 p.m.               | 9:15 a.m. - 10 a.m.<br>10:15 a.m. - 11 a.m. | 11:15 a.m. - 12:00 p.m.                                       | 9:05 a.m. - 9:50 a.m.                  | 8:05 a.m. - 8:50 a.m. | No Class           |
| DAY CAMP SWIM      | 1 p.m. - 3 p.m.                        | 1 p.m. - 3 p.m.  | No Day Camp Swim                            | 1 p.m. - 3 p.m.   | 1 p.m. - 3 p.m.                        | No Day Camp Swim      | No Day Camp Swim   |

#### MORRIS HOSPITAL YMCA

2200 West Dupont Avenue | Morris, IL 60450  
(815) 513-8080 | [www.jolietymca.org](http://www.jolietymca.org)



