



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

HEALTHY LIFESTYLES START HERE

Gym Schedule

Morris Hospital YMCA Gym Schedule July 7-August 10 (Summer Camp hours may change weekly.)

(No Monday & Wednesday pickleball the weeks of July 7, July 28, and August 4. In the event of rain, pickleball will be cancelled to accommodate summer day camp utilizing the gym.)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Scheduled Programs & Classes					
				Bootcamp 5:15-6:05am Court 1 & 2	Open Adult Basketball 7:00-9:00am Court 1 & 2
Open Adult Pickleball 8:30-9:30am Court 1&2		Open Adult Pickleball 8:30-9:30am Court 1&2		Open Adult Pickleball 8:30-9:30am Court 1&2	
Summer Camp 9am-4pm	Summer Camp 9am-4pm	Summer Camp 9am-4pm	Summer Camp 9am-4pm		Sunday
					Family Volleyball 1:00-2:15pm Court 1&2
					Adult Volleyball 2:15-3:30pm Court 1&2
Open Adult Basketball 7:10-9:00pm Court 2	Open Adult Pickleball 7:30-8:30pm Court 1 & 2	Family Volleyball 7:30-9:00pm Court 1 & 2	Open Adult Pickleball 7:30-8:30pm Court 1 & 2	Open Adult Basketball 7:10-9:00pm Court 2	

Shaded programs are paid classes.

Open Gym Schedule and Gym Rules on Back

MORRIS HOSPITAL YMCA

2200 West Dupont Avenue | Morris, IL 60450
(815) 513-8080 | www.jolietymca.org





FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

HEALTHY LIFESTYLES START HERE

Gym Schedule

Morris Hospital YMCA Gym Schedule Open Shoot

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Open Gym					
Court 1	5:00-8:00am 4:00-9:00pm	5:00-9:00am 4:00-7:15pm 8:30-9:00pm	5:00-8:00am 4:00-7:15pm	5:00-9:00am 4:00-7:15pm 8:30-9:00pm	6:10-8:00am 8:45-9:00pm	9:00am-4:00pm
Court 2	5:00am-8:00am 4:00-7:10pm	5:00-9:00am 4:00-7:15pm 8:30-9:00pm	5:00-8:00am 4:00-7:15pm	5:00-9:00am 4:00-7:15pm 8:30-9:00pm	6:10-8:00am 10:00am-7:10pm	9:00am-4:00pm

Sunday: (Court 1) 9:00-12:30am,
3:30-4:00pm

(Court2) 9:00am-12:30pm, 3:30-4:00pm

Gym Rules - Including Track and Courts

****These rules apply to class participants as well as general users of the gym****

****This schedule is subject to change for days out of school, special events and event changes due to the weather! ****

- Only water is allowed in the gym - No food, sports drinks, pop, etc.
- Only instructors may bring stereos and sound equipment in the gym
- Appropriate attire is required in the gym – shorts, shirts, and shoes are mandatory
- For the safety of all of our members, ALL bags, coats and other belongings MUST be hung on hooks in stretching area OR put in locker. The Morris Hospital YMCA recommends bringing a lock to secure personal belongings as the Y is not responsible for lost, stolen or broken items.
- Fighting will not be tolerated
- Hanging on basketball rims or nets will not be tolerated
- Indoor Track is available for running and walking while gym curtains are down

MORRIS HOSPITAL YMCA

2200 West Dupont Avenue | Morris, IL 60450
(815) 513-8080 | www.jolietymca.org

