

## Gym Schedule

**June 2-July 5**

*Shaded programs require pre-registration via the YMCA On The Go App*

**\*\* Programs require pre-registration**

**Schedules are subject to change, please call ahead to confirm, check the YMCA on the Go app, or check Facebook for adjusted times.**

### East Court

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Gym 5am-10:30am	Open Gym 5am-10:30am	Open Gym 5am-10:30am	Open Gym 5am-10:30am	Open Gym 5am-10:30am	Open Gym 7am-9am
<b>GYM CLOSED FOR SUMMER CAMP 10:30am-3pm</b>	<b>GYM CLOSED FOR SUMMER CAMP 10:30am-3pm</b>	<b>GYM CLOSED FOR SUMMER CAMP 10:30am-3pm</b>	<b>GYM CLOSED FOR SUMMER CAMP 10:30am-3pm</b>	<b>GYM CLOSED FOR SUMMER CAMP 10:30am-3pm</b>	Pickleball 9am-10:30am
Open Gym 3pm-7:30pm	Open Gym 3pm-7:30pm	Open Gym 3pm-7:30pm	Open Gym 3pm-7:30pm	Open Gym 3pm-7:30pm	Open Gym 10:30am-2:30pm

### West Court

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Gym 5am-9:00am	Open Gym 5am-10:15am	Open Gym 5am-9am	Open Gym 5am-7:30pm	Open Gym 5am-10:15am	Open Gym 7am-2:30pm
Bootcamp 9am-9:45am	Pickleball 10:15am-11:45am	Bootcamp 9am-9:45am		Pickleball 10:15am-11:45am	
Line Dancing 10am-11am	Open Gym 11:45am-5:00pm	Line Dancing 10am-11am		Open Gym 11:45am-7:30pm	
Open Gym 11am-7:30pm	Line Dancing 5:00pm-6:00pm	Open Gym 11am-7:30pm			
	Pickleball 6pm-7:30pm				

# A PLACE WHERE YOU BELONG

## Facility Schedule

### Gym Guidelines

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FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

- For the safety of all members and guests, all bags, coats and other belongings must be stored in cubbies or locked in lockers. The Galowich Family YMCA recommends bringing a lock to secure personal belongings as the Y is not responsible for lost, stolen or broken items.
- Only water is allowed in the gym– Please no food, sports drinks, pop, etc. Please pick up after yourself and discard or recycle in a container.
- Foul language and inappropriate behavior are unacceptable.
- Dunking and hanging on the rims is unacceptable.
- Children under the age of 10 must be accompanied by a family member 16 or older.
- Full court games are not allowed.
- Appropriate attire is required. Shirts and gym shoes are mandatory. Anyone without proper attire will be required to leave the gym.

**Participants may be asked to leave the gym if not cooperating with these guidelines.**

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