

SWIMMING FURTHER FASTER

C.W. AVERY FAMILY YMCA POOL SCHEDULE



Summer 1 2025: Monday June 2nd - July 6th

FAMILY POOL SCHEDULE							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN SWIM (LARGE SLIDES AND SPLASH PLAYGROUND)	12:00P-3:00P 5:40P-7:30P	12:00P-3:00P 5:40P-7:30P	12:00P-3:00P 5:40P-7:30P	12:00P-3:00P 5:40P-7:30P	12:00P-3:00P 4:30P-7:30P	12:00P-5:00P	12:00P-3:30P
SPLASH PLAYGROUND ONLY	9:30A-12:00P 4:30P-5:40P	9:30A-12:00P 4:30P-5:40P	9:30A-12:00P 4:30P-5:40P	9:30A-12:00P 4:30P-5:40P			
WATER VORTEX (OPEN TO ALL AGES)	10:30A-3:00P 6:00P-7:30P	10:30A-3:00P 6:00P-7:30P	10:30A-3:00P 6:00P-7:30P	10:30A-3:00P 6:00P-7:30P	1:00P-3:00P 5:30P-7:30P	12:00P-5:00P	12:00P-3:30P
WATER WALKING (ADULTS ONLY)	9:00A-10:30A 4:30P-6:00P	9:00A-10:30A 4:30P-6:00P	9:00A-10:30A 4:30P-6:00P	9:00A-10:30A 4:30P-6:00P	12:00P-1:00P 4:30P-5:30P	9:20A-11:50A	
GROUP SWIM LESSONS	9:00A-12:00P 3:40P-5:40P	9:00A-12:00P 3:40P-5:40P	9:00A-12:00P 3:40P-5:40P	9:00A-12:00P 3:40P-5:40P		9:20A-11:50A	
WATER FITNESS			9:30A-10:15A Water Fitness by Rhonda				

JETS practice M/W/F 6:30A-8:30A & T/TH 7A-8:30A, M/T/W 5P-8:30P & TH 3P-8:30P & FRI 5P-7P, SAT 7A-11A. EXPECT FEWER LAP LANES.

Summer Day Camp swims in the Family Pool M-F 12P-3P. EXPECT A HIGHER VOLUME OF SWIMMERS.

LARGE SLIDES availability subject to change on weekdays and weekends.

LAP POOL SCHEDULE							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LAP SWIM	5:00A-5:00P 8:00P-9:00P	5:00A-5:00P 7:00P-9:00P	5:00A-5:00P 8:00P-9:00P	5:00A-3:00P 7:00P-9:00P	5:00A-9:00P	6:00A-9:00A 11:00A-5:30P	7:00A-3:30P
LAP SWIM 15+	5:00P-8:00P	5:00P-7:00P	5:00P-8:00P	3:00P-7:00P		9:00A-11:00A	
OPEN SWIM	10:00A-3:00P 7:00P-9:00P	10:00A-3:00P 7:00P-9:00P	9:00A-3:30P 7:00P-9:00P	9:00A-3:00P 7:00P-9:00P	9:30A-9:00P	12:00P-5:30P	8:00A-3:30P
GROUP SWIM LESSONS	9:00A-12:00P 2:00P-8:00P	9:00A-12:00P 2:00P-7:00P	9:00A-12:00P 2:00P-8:00P	9:00A-12:00P 2:00P-7:00P		9:20A-11:50A	
WATER FITNESS	9:00A-9:45A Water Fitness by Minerva	5A-6A & 6A-7A Master's Swim 9:00A-9:45A Water Fitness by Janet		5A-6A & 6A-7A Master's Swim 8:00A-8:45A Deep Water Fitness by Minerva	5:30A-6:15A Master's Swim 8:30A-9:15A Water Fitness by Rhonda		7:00A-8:00A Master's Swim
JETS SWIM TEAM	6:30A-8:30A 5:00P-8:30P	7:00A-8:30A 5:00P-8:30P	6:30A-8:30A 5:00P-8:30P	7:00A-8:30A 3:00P-8:30P	6:30A-8:30A 5:00P-7:00P	7:00A-11:00A	

Please note there may be staff training and other events in the Lap Pool on various days.

PARENT/GUARDIAN MUST BE IN THE WATER WITHIN ARMS REACH OF ALL RED WRISTBAND SWIMMERS.

Friday July 4th, YMCA will be closed.

Please review the lap lane pool usage schedule to determine lane availability during high volume times.



C.W. AVERY FAMILY YMCA POOL SCHEDULE
6/2/2025 - 7/6/2025

	Monday								Tuesday								Wednesday								Thursday								Friday								Saturday								Sunday															
	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8
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**POOL
ACTIVITY KEY**

- Open Swim
- Lap Swim
- Jets Swim Team
- NAVY
- Swim Lessons
- Water Fitness
- Camp Lessons
- Lap Swim 15+

Please note: Lap swimmers will need to share lanes. Schedule is subject to change due to special events, and at lifeguard discretion.