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FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# DISCOVER WHO YOU CAN BE

## GALOWICH FAMILY YMCA

### Summer Day Camp Counselor in Training (CIT) Leadership Program

The summer camp environment provides a unique opportunity for youth to build leadership skills by gaining hands-on experience assisting our fantastic team of camp counselors with our younger campers. The goal of the YMCA's Counselor in Training (CIT) Program is to teach teens leadership skills that can be used at school, home and in the community.

CITs will work with our professional summer camp team to lead camp activities in a safe and well-supervised environment. CITs will work with their assigned groups each day.

**In order to apply to participate in the Counselor in Training Program, prospective participants must:**

- Be a registered summer day camper in grades 7-8 (Fall 2025). Regular camp fees apply.
- Submit a CIT application
- Submit two letters of recommendation from a mentor (teacher, coach, pastor, etc.)
- Participate in an interview with our Youth and Family team

Once applications and references have been reviewed, interviews will be scheduled. Space is limited and, unfortunately, not all applicants will be accepted.

**Applications and accompanying materials must be submitted  
by Saturday, May 18.**

To learn more about this exciting program, please contact:

Tracy Wrase  
Youth and Family Director  
(815) 744-3939, ext. 315  
twrase@jolietyymca.org



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