

C.W. AVERY FAMILY YMCA



OUR POSITION

The YMCA is a leading nonprofit committed to strengthening community through youth development, healthy living and social responsibility.

OUR AREAS OF FOCUS

- Youth Development – Nurturing the potential of every child and teen
- Healthy Living – Improving the nation's health and well-being
- Social Responsibility – Giving back and providing support to our neighbors

OUR MISSION STATEMENT

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.



Dedicated in 2006

HISTORY

- In fall 1995, the Plainfield Area YMCA first began serving students in the Plainfield community through its before and after school program, which was held at four area elementary schools.
- As a result of a generous naming gift in January 2002, the YMCA was renamed the C.W. Avery Family YMCA in honor of the late Clyde Avery, his wife Judy and their family.
- In December 2002, the YMCA acquired 11.5 acres of property through a land-swap with Plainfield Community Consolidated School District 202 to be the future site of the C.W. Avery Family YMCA. The state-of-the-art and award-winning building opened its doors to the Plainfield community in 2006.
- The Cliff and Lois Berglund Family Aquatic Center opened in November 2008 after a successful capital campaign and a generous naming gift by the late Cliff and Lois Berglund.
- To better accommodate the fitness needs of its growing membership base, the Y expanded its Wellness Center in 2013, adding more space, new equipment and a redesigned aesthetic.
- In 2015, the Y purchased an additional 10 acres from District 202 located just North of its current building.

MEMBERSHIP

Total Members: 3,763 households/13,943 Individuals
Family Memberships: 85%
Adult Memberships: 10%
Youth Memberships: 5%
Scholarship Funds Awarded in 2014: \$213,127

1 in 3 individuals receive scholarship assistance from the Greater Joliet Area YMCA

ABOUT OUR MEMBERS

Individual Members: 13,943 individuals
Females: 50.4%
Males: 49.6%
Under the age of 18: 42%
Adults 18-54 years of age: 52%
Adults 55 and over: 6%

FACILITY

72,000-square-foot building on 20 acres

Amenities:	Group Cycling Room
Family Aquatic Center	Activity Center
Eight-Lane Pool	Supervised Playroom
Steam Room	Multi-Purpose Rooms
Sauna	Aerobics and Dance Studio
Gymnasium	Softball Field
Indoor Running Track	Soccer Field
Fitness Center & Weight Room	Outdoor Track

BUILDING USAGE

Average Daily Visits: 903
Average Monthly Visits: 27,000
Total Annual Visits: 324,004

PROGRAM PARTICIPANTS

Before and After School Program: 560 Children Served
Summer Day, Sports and Specialty Camps: 668 Children Served
Youth Sports and Fitness Programs: 426 Children Served
Swim Lessons: 2,010 Children Served

FISCAL

Branch Operating Budget: \$5 million
Association-Wide Revenue
Membership: 45%
Program: 45%
Contributed Revenue: 9%
Other: 1%

LEADERSHIP

Executive Director: Lisa Behounek
Full-Time Staff: 15
Part-Time Staff: 256

ADVISORY COUNCIL MEMBERS

Robert Epley, Chairman	Kathy Kazmar
Justin Ahoyt	Katherine Maloney
Fiona Alston	Victoria Matway
Judy Avery	Tom Novinski
Mike Avery	Jon Proulx
Mike Bender	Greg Schaefer
Kathy Blessent	Tod Schnowske
Margie Bonuchi	Dr. David Streitz
Koren Finnestad	Dr. Dan Thorse

Based on 2014 data

C.W. AVERY FAMILY YMCA

15120 Wallin Drive • Plainfield, IL 60544



C.W. AVERY FAMILY YMCA



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Community Impact

www.jolietymca.org

- Since 2006, more than 50,000 swim lessons have been taught at the C.W. Avery Family YMCA.
- In 2014, the C.W. Avery Family YMCA provided more than \$213,000 in financial assistance to families in need within the Plainfield community.
- In 2014, hundreds of area youths learned the importance of good sportsmanship and fair play by participating in youth sports camps and leagues at the C.W. Avery Family YMCA.
- Each year, the C.W. Avery Family YMCA partners with the Plainfield Community Consolidated School District 202 to provide a safe and affordable before and after school program for elementary school students. In 2014, more than 550 local students had the opportunity to learn, build character and enhance their social skills as part of the Y's Kidz Zone and the newly added K-Kidz Kindergarten programs.
- The C.W. Avery Family YMCA hosted several community-wide family events, including Healthy Kids Day, Spooktacular, An Evening with Santa, and a Flashlight Easter Egg Hunt.
- More than 350 area youth enjoyed a summer of water fun, weekly field trips and developed friendships that will last a lifetime by attending the C.W. Avery Family YMCAs safe and affordable summer day camp.
- In 2014, 253 teens earned their wellness center certifications, which enabled them to learn the proper ways to utilize the Y's strength and cardio equipment, empowering them to develop healthy exercise habits early in life. In addition, 1,000 teens participated in group exercise classes specifically designed for youth, such as Zumba Kids and Youth Cycling.
- This past year, we have trained more than 20 Junior Lifeguards and Junior Swim Aides through the YMCA's Junior Lifeguard Academy. Each participant volunteered 20 hours in the Aquatics Department to learn about assisting with swim lessons and guarding the pool in hopes of having a future career at the Y.
- The Y helps members improve their health and well-being through programs and classes that support healthy lifestyles. In 2014, nearly 450 members worked one-on-one with Y staffers to meet their fitness goals, while thousands participated in group fitness classes.
- Over the past year, our Fabulous After 50 group has grown to triple it's original size. With weekly Aquatics fitness classes, walking hour, and social interaction, this group has become fast friends while getting fit. At their request to get out to new places, we added Fab 50 Adventures and have taken our seniors on trips to see local plays and musicals, as well as to the Long Grove Confectionary, Chinatown and Shipshewana, among others.

