

SWIMMING FURTHER FASTER

C.W. AVERY FAMILY YMCA POOL SCHEDULE



Spring 1 2024: Monday, March 11th - Sunday, April 21st

	FAMILY POOL SCHEDULE						
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN SWIM (LARGE SLIDES AND SPLASH PLAYGROUND)	6:20P-8:00P	6:20P-8:00P	6:20P-8:00P	6:20P-8:00P	5:00P-8:00P	12:00P-5:30P	12:00P-3:30P
SPLASH PLAYGROUND ONLY	9:30A-12:00P 5:00P-6:20P	9:30A-12:00P 5:00P-6:20P	9:30A-12:00P 5:00P-6:20P	9:30A-12:00P 5:00P-6:20P	10:00A-12P		
WATER VORTEX (OPEN TO ALL AGES)	6:00P-8:00P	6:00P-8:00P	6:00P-8:00P	6:00P-8:00P	5:00P-8:00P	12:00P-5:30P	12:00P-3:30P
WATER WALKING (ADULTS ONLY)	9:30A-12:00P 4:30P-6P	9:30A-12:00P 4:30P-6P	10:15A-12:00P 4:30P-6P	9:30-12P 4:30P-6P	10-12P	8:40A-12:00P	
GROUP SWIM LESSONS	9:30A-12:00P 4:30P-6:20P	9:30A-12:00P 4:30P-6:20P	4:30P-6:20P	9:30A-12:00P 4:30P-6:20P	-----	8:40A-12:00P	
WATER FITNESS			9:30A-10:15A Water Fitness by Rhonda				

	LAP POOL SCHEDULE						
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LAP SWIM	5:00A-9:00P	5:00A-9:00P	5:00A-9:00P	5:00A-9:00P	5:00A-9:00P	6:00A-5:30P	7:00A-3:30P
OPEN SWIM	10:30A-3:00P 7:00P-9:00P	10:30A-3:00P 7:00P-9:00P	9:00A-3:00P 7:00P-9:00P	9:00A-3:00P 7:00P-9:00P	9:30A-3:00P 5:00P-9:00P	12:00P-5:30P	10:00A-3:30P
GROUP SWIM LESSONS	4:30P-8:00P	4:30P-7:00P	4:30-8:00P	4:30P-7:00P		8:40A-12:00P	
WATER FITNESS	6:00A-6:50A Triathlon 101 by Mary 9:00A-9:45A Water Fitness by Minerva	5-6A & 6-7A Master's 9:15-10:15A Water Fitness by Mariah	6:00A-6:50A Triathlon 101 by Mary	5A-6A & 6A-7A Master's 8:00A-8:45A Deep Water Fitness by Minerva	8:30A-9:15A Water Fitness by Rhonda		7:00A-8:00A Master's Swim Club
JETS SWIM TEAM	3P-9P	3P-9P	3P-9P	3P-9P	3P-8:30P	8A-12P	

JETS practice
Monday-Thursday 3P-9P, Friday 3P-8:30P and Saturday's 8A-12P
EXPECT FEWER LAP LANES

Day Out of School
3/11 10A-12P in the water park, 12:30-1:30 in lap pool and 3/25-3/29 12P-3P in the water park

Lifeguard Courses
3/22-3/24, 3/26-3/29 & 4/12-4/14 pool times vary

Please note: Lap swimmers will need to share lanes. Schedule is subject to change due to special events, and at lifeguard discretion.

C.W. AVERY FAMILY YMCA POOL SCHEDULE
3/11/24-4/21/2024

	MONDAY								TUESDAY								WEDNESDAY								THURSDAY								FRIDAY								SATURDAY								SUNDAY							
	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8
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**POOL
ACTIVITY
KEY**

- Open Swim
- Lap Swim
- Jets Swim Team
- Swim Lessons
- Water Fitness
- Navy

Please note: Lap swimmers will need to share lanes. Schedule is subject to change due to special events, and at lifeguard discretion.