SWIMMING FURTHER FASTER



C.W. AVERY FAMILY YMCA POOL SCHEDULE

Spring 1 2024: Monday, March 11th - Sunday, April 21st

	FAMILY POOL SCHEDULE									
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
OPEN SWIM (LARGE SLIDES AND SPLASH PLAYGROUND)	6:20P-8:00P	6:20P-8:00P	6:20P-8:00P	6:20P-8:00P	5:00P-8:00P	12:00P-5:30P	12:00P-3:30P			
SPLASH PLAYGROUND ONLY	9:30A-12:00P 5:00P-6:20P	9:30A-12:00P 5:00P-6:20P	9:30A-12:00P 5:00P-6:20P	9:30A-12:00P 5:00P-6:20P	10:00A-12P					
WATER VORTEX (OPEN TO ALL AGES)	6:00P-8:00P	6:00P-8:00P	6:00P-8:00P	6:00P-8:00P	5:00P-8:00P	12:00P-5:30P	12:00P-3:30P			
WATER WALKING (ADULTS ONLY)	9:30A-12:00P 4:30P-6P	9:30A-12:00P 4:30P-6P	10:15A-12:00P 4:30P-6P	9:30-12P 4:30P-6P	10-12P	8:40A-12:00P				
GROUP SWIM LESSONS	9:30A-12:00P 4:30P-6:20P	9:30A-12:00P 4:30P-6:20P	4:30P-6:20P	9:30A-12:00P 4:30P-6:20P		8:40A-12:00P				
WATER FITNESS			9:30A-10:15A Water Fitness by Rhonda							

	LAP POOL SCHEDULE									
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
LAP SWIM	5:00A-9:00P	5:00A-9:00P	5:00A-9:00P	5:00A-9:00P	5:00A-9:00P	6:00A-5:30P	7:00A-3:30P			
OPEN SWIM	10:30A-3:00P 7:00P-9:00P	10:30A-3:00P 7:00P-9:00P	9:00A-3:00P 7:00P-9:00P	9:00A-3:00P 7:00P-9:00P	9:30A-3:00P 5:00P-9:00P	12:00P-5:30P	10:00A-3:30P			
GROUP SWIM LESSONS	4:30P-8:00P	4:30P-7:00P	4:30-8:00P	4:30P-7:00P		8:40A-12:00P				
WATER FITNESS	6:00A-6:50A Triathlon 101 by <u>Mary</u> 9:00A-9:45A Water Fitness by Minerva	5-6A & 6-7A Master's 9:15-10:15A Water Fitness by Mariah	6:00A-6:50A Triathlon 101 by Mary	5A-6A & 6A-7A Master's 8:00A-8:45A Deep Water Fitness by Minerva	8:30A-9:15A Water Fitness by Rhonda		7:00A-8:00A Master's Swim Club			
JETS SWIM TEAM	3P-9P	3P-9P	3P-9P	3P-9P	3P-8:30P	8A-12P				

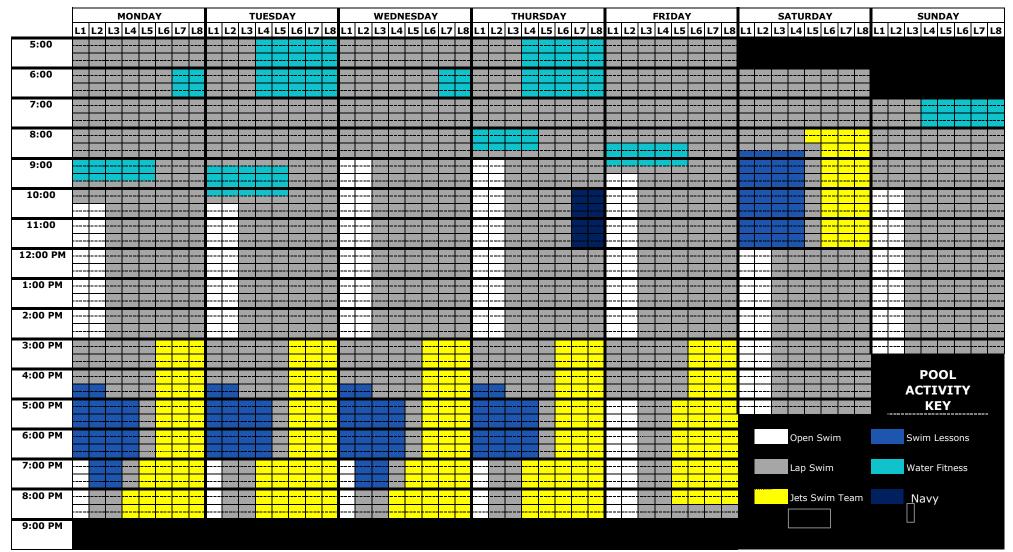
JETS practice Monday-Thursday 3P-9P, Friday 3P-8:30P and Saturday's 8A-12P EXPECT FEWER LAP LANES

Day Out of School 3/11 10A-12P in the water park, 12:30-1:30 in lap pool and 3/25-3/29 12P-3P in the water park

Lifeguard Courses 3/22-3/24, 3/26-3/29 & 4/12-4/14 pool times vary

Please note: Lap swimmers will need to share lanes. Schedule is subject to change due to special events, and at lifeguard discretion.

C.W. AVERY FAMILY YMCA POOL SCHEDULE 3/11/24-4/21/2024



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