

SWIMMING FURTHER FASTER

C.W. AVERY FAMILY YMCA POOL SCHEDULE



Winter 1 2024: Monday, January 8th - Sunday, February 4th

	FAMILY POOL SCHEDULE						
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN SWIM (LARGE SLIDES AND SPLASH PLAYGROUND)	6:20P-8:00P	6:20P-8:00P	6:20P-8:00P	6:20P-8:00P	5:00P-8:00P	12:00P-5:30P	12:00P-3:30P
SPLASH PLAYGROUND ONLY	9:30A-12:00P 5:00P-6:20P	9:30A-12:00P 5:00P-6:20P	9:30A-12:00P 5:00P-6:20P	9:30A-12:00P 5:00P-6:20P	10:00A-12P		
WATER VORTEX (OPEN TO ALL AGES)	6:00P-8:00P	6:00P-8:00P	6:00P-8:00P	6:00P-8:00P	5:00P-8:00P	12:00P-5:30P	12:00P-3:30P
WATER WALKING (ADULTS ONLY)	9:30A-12:00P 4:30P-6P	9:30A-12:00P 4:30P-6P	10:15A-12:00P 4:30P-6P	9:30-12P 4:30P-6P	10-12P	8:40A-12:00P	
GROUP SWIM LESSONS	9:30A-12:00P 4:30P-6:20P	9:30A-12:00P 4:30P-6:20P	4:30P-6:20P	9:30A-12:00P 4:30P-6:20P	-----	8:40A-12:00P	
WATER FITNESS			9:30A-10:15A Water Fitness by Rhonda				

	LAP POOL SCHEDULE						
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LAP SWIM	5:00A-9:00P	5:00A-9:00P	5:00A-9:00P	5:00A-9:00P	5:00A-9:00P	6:00A-5:30P	7:00A-3:30P
OPEN SWIM	10:30A-3:00P 7:00P-9:00P	10:30A-3:00P 7:00P-9:00P	9:00A-3:00P 7:00P-9:00P	9:00A-3:00P 7:00P-9:00P	9:30A-3:00P 5:00P-9:00P	12:00P-5:30P	10:00A-3:30P
GROUP SWIM LESSONS	4:30P-8:00P	4:30P-7:00P	4:30-8:00P	4:30P-7:30P		8:40A-12:00P	
WATER FITNESS	9:00A-9:45A Water Fitness by Minerva	5-6A & 6-7A Master's 9:15-10:15A Water Fitness by Mariah		5A-6A & 6A-7A Master's 8:00A-8:45A Deep Water Fitness by Minerva	8:30A-9:15A Water Fitness by Rhonda		7:00A-8:00A Master's Swim Club
JETS SWIM TEAM	5P-9P	5P-9P	5P-9P	5P-9P	5P-8:30P	8A-12P	
High School Swim Team	2:45p-5p	2:45p-5p	2:45p-5p	2:45p-5p	2:45p-5p	6A-8A	

High School Swim Team practice
Monday- Friday 2:45P-5P and Saturday's 6A-8A. **EXPECT FEWER LAP LANES**

High School day out of school practice change
1/15 6A-8A

JETS practice
Monday-Thursday 5P-9P, Friday 5P-8:30P and Saturday's 8A-12P
EXPECT FEWER LAP LANES

Day Out of School
1/15 10-12P in the water park and 12:30-1:30 in lap pool

Please note: Lap swimmers will need to share lanes. Schedule is subject to change due to special events, and at lifeguard discretion.

C.W. AVERY FAMILY YMCA POOL SCHEDULE 1/8/24-2/4/2024

	MONDAY								TUESDAY								WEDNESDAY								THURSDAY								FRIDAY								SATURDAY								SUNDAY							
	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8								
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Open Swim

Lap Swim

Jets Swim Team

NAVY

Swim Lessons

Water Fitness

H.S Swim

Please note: Lap swimmers will need to share lanes. Schedule is subject to change due to special events, and at lifeguard discretion.