

# WHY THE Y

The Y is an association of people who have committed to put Christian principles into practice through programs that build healthy spirit, mind and body for all people, regardless of their ability to pay. We are a non-profit, charitable organization established to provide programs and services to youth, adults and families in order to strengthen the community. The YMCA is funded locally. Funds raised through contributions, endowments and membership fees are used to provide services in Will, Grundy and part of Kendall Counties.

## **EXPLORE THE Y**

#### **Updating Your Contact Information**

We ask our members to notify us of any changes in their contact Information, including email, phone or residential address. To update your contact information, please call (815) SAY-YMCA, use the "contact us" link on our website or stop by the Membership Desk during your next visit.

#### Credits and Refunds

Program fees are not refundable. Classes missed due to weather, holidays, illness, acts of God, or choice of participant cannot be made up, credited or refunded. If the YMCA cancels a program due to low enrollment, participants will be issued a refund or a credit for a future program. Members who withdraw from a program for medical reasons and present a physician's order will receive a credit for the remaining classes. When a class is cancelled by the Y, the class will either be rescheduled or a credit will be issued for the cancelled class. All credits are good for one year from the date issued. Members who withdraw from a class for non-medical reasons may be subject to a processing fee.

#### Insurance

The YMCA assumes no responsibility for personal injuries or loss/damage of personal property while individuals are using YMCA facilities. It is recommended that participants make provisions to provide this coverage through their family insurance program. Anyone engaging in new physical activity or who may have health-related issues should consult a physician prior to starting fitness routines.

#### Child Supervision\*

Children under the age of ten must be supervised by an adult or family member at least sixteen years of age at all times when using YMCA facilities outside of a structured YMCA program. The Kids Corner Supervised Playroom is available during designated hours for Facility Members, ages six months through seven years old. The Activity Center is available during designated hours for Facility Members, ages seven through seventeen. The accompanying adult or family member must:

- Directly supervise any child under the age of eight at all times.
- Remain in the building in an accessible area for any child ages eight or nine.
- · Directly supervise any child under the age of ten when using the pools.

\*Note: Amenities vary by branch. Please visit your local branch or www.jolietymca.org for current availability and hours.

#### **Child Abuse Prevention Policy**

The Greater Joliet Area YMCA is mandated by state law to report any suspected cases of child abuse or neglect to the appropriate authorities for investigation.

#### **Holidays**

The YMCA prorates program fees for days when the buildings are closed for the following holidays: Easter, Independence Day, Thanksgiving, Christmas Day and New Year's Day. The Y closes at 1 p.m. on Memorial Day, Labor Day, Christmas Eve and New Year's Eve.

#### **Cell Phone Use Policy**

The use of cameras, video recorders, cell phones and/or any photographic devices is NOT ALLOWED in YMCA locker rooms, changing areas or restrooms. We also ask members to refrain from making or answering phone calls while using the Wellness Center.

We also ask members to please refrain from taking photos during classes and demonstrate good iudgment and assess the situation/environment before taking photos at the YMCA. Please remember that it is important to obtain parental consent before taking photos/videos of minors. This is for the safety and privacy of all our members and participants.

#### **No Smoking Policy**

In the interest of the health and safety of our staff and members, it is the policy of the Greater Joliet Area YMCA to forbid all forms of tobacco in any YMCA facilities or on the grounds of any YMCA property. YMCA grounds include: facilities, parking lots, sidewalks, fields, parks, and paths. Tobacco products prohibited include, but are not limited to, lit or unlit cigarettes (clove, bidis, kreteks), e-cigarettes, cigars, cigarillos, pipes, hookah products; any smokeless, dissolvable, or inhaled tobacco products, including but not limited to dip, chew, snuff or snus; and all nicotine delivery devices that are not FDA approved as cessation products.

The Greater Joliet Area YMCA reserves the right to terminate facility privileges at any time for inappropriate behavior or conduct detrimental to its members or the organization.

#### **Building & Room Schedules**

The Y schedules rooms in the building to allow for classes and open times. You can find room schedules in the facility, in the YMCA On the Go App, or online at www.jolietymca.org.

Members can also access schedules and reserve spots for our free fitness classes through our YMCA On the Go app.

Fitness class attendance is eligible for points in our My Y Rewards Program. For more information on our fitness app or our rewards program, please visit www.jolietymca.org.

#### **Locker Rooms**

We encourage members to bring locks to secure their belongings while visiting the Y. Items may not be stored in lockers overnight. The Y does not provide towels. The Y is not responsible for lost or stolen items. Children up to the age of five may accompany a parent of the opposite sex into the locker room.

#### **Private Locker Rooms\***

Co-ed locker rooms or private changing areas are available for members with small children, members with special needs who require assistance, and those members who prefer more privacy.

### Sauna & Steam Room\*

Saunas and steam rooms are available for members ages 18 and over. Proper attire is

#### **Wellness Center**

The Wellness Center is available for members ages 16 and over. We ask that members be courteous and put away equipment when finished using it and refrain from talking on their cell phones while in the Wellness Center. Teens (ages 13-15), who have completed the Wellness Center Certification Class, may utilize the cardio and strength machines. For safety reasons, only members ages 16 and over may use the free weights. Food is not allowed in the Wellness Center.

Gym schedules are available at the branches and online at www.jolietymca.org. Times are subject to change due to programs, leagues or special events.

Open Gym: Members, ages eight and older, may participate in activities in the gym during designated times.

Adult Basketball: This time is set aside for adults ages 18 and over to play full court basketball.









