

SWIMMING FURTHER FASTER

C.W. AVERY FAMILY YMCA POOL SCHEDULE



Fall 1 2023: Monday, August 28th- Sunday, October 1st

	FAMILY POOL SCHEDULE						
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN SWIM (LARGE SLIDES AND SPLASH PLAYGROUND)	6:20P-8:00P	6:20P-8:00P	6:20P-8:00P	6:20P-8:00P	5:00P-8:00P	12:00P-5:30P	12:00P-3:30P
SPLASH PLAYGROUND ONLY	9:30A-12:00P 5:00P-6:20P	9:30A-12:00P 5:00P-6:20P	9:30A-12:00P 5:00P-6:20P	9:30A-12:00P 5:00P-6:20P	10:00A-12P		
WATER VORTEX (OPEN TO ALL AGES)	6P-8:00P	6P-7:15P	6P-8:00P	6P-7:15P	5:00P-8:00P	12:00P-5:30P	12:00P-3:30P
WATER WALKING (ADULTS ONLY)	9:30A-12:00P 4:30P-6P	9:30A-12:00P 4:30P-6P 7:15P-8:00P	10:15A-12:00P 4:30P-6P	9:30-12P 4:30P-6P 7:15P-8:00P	9:30-12P	9:30A-12:00P	
GROUP SWIM LESSONS	9:30A-12:00P 4:30P-8:00P	9:30A-12:00P 4:30P-7:00P	4:30P-8:00P	9:30A-12:00P 4:30P-7:00P	-----	8:40A-12:00P	
WATER FITNESS			9:30A-10:15A Water Fitness by Rhonda				

	LAP POOL SCHEDULE						
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LAP SWIM	5:00A-9:00P	5:00A-9:00P	5:00A-9:00P	5:00A-9:00P	5:00A-9:00P	6:00A-5:30P	7:00A-3:30P
OPEN SWIM	10:30A-3:30P 7:00P-9:00P	10:30A-3:30P 7:00P-9:00P	9:00A-3:30P 7:00P-9:00P	9:00A-3:30P 7:00P-9:00P	9:30A-9:00P	12:00P-5:30P	10:00A-3:30P
GROUP SWIM LESSONS	9:30A-12:00P 4:30P-7:00P	9:30A-12:00P 4:30P-7:15P	9:30A-12:00P 4:30-7:00P	9:30A-12:00P 4:30P-7:00P		8:40A-12:00P	
WATER FITNESS	9:15A-10:00A Water Fitness by Minerva	5-6A & 6-7A Master's 9:15-10:15A Water Fitness by Mariah		5A-6A & 6A-7A Master's 8:00A-8:45A Deep Water Fitness by Minerva	8:30A-9:15A Water Fitness by Rhonda		7:00A-8:00A Master's Swim Club
JETS SWIM TEAM	5P-9P	5P-9P	5P-9P	5P-9P	5P-8:30P	8A-12P	
High School Swim Team	2:45p-5p	2:45p-5p	2:45p-5p	2:45p-5p	2:45p-5p	6A-8A	

High School Swim Team practice Monday- Friday 2:45P-5P and Saturday's 6A-8A- **EXPECT FEWER LAP LANES**

JETS practice resumes the week of September 11TH **EXPECT FEWER LAP LANES Monday-Thursday 9P, Friday 5-8:30P and Saturday's 8A-12p**

JETS Swim Clinics the August 28th -30th 5-7P

JETS Practice Meet Sunday, September 24th 1-3 p.m. (5 lanes)

Monday, September 4th: The family pool is CLOSED on Labor Day and the lap pool will close at 12:30P

Please look at the lap lane pool usage to determine lanes available during high volume times.

C.W. AVERY FAMILY YMCA POOL SCHEDULE
8/28/2023-10/1/2023

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Please note: Lap swimmers will need to share lanes. Schedule is subject to change due to special events, and at lifeguard discretion.