



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

C.W. Avery Family YMCA Gym Schedule Memorial Day Week May 29th- June 4th, 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Scheduled Programs & Classes					
Boot Camp 6:30-7:15am Court 1 & 2		Boot Camp 5:15-6:15am Court 1 & 2	Open Adult Basketball 6:00-8:45am Court 1 & 2	Boot Camp 5:15-6:15am Court 1 & 2	Open Adult Basketball 6:00-9:00am Court 1 & 2 **
	Open Gym	Adult Pickleball 10am-12pm Court 1**	Open Gym	Open Gym	
	In the event of inclement weather, the gym will be CLOSED for Day Camp	Open Gym	In the event of inclement weather, the gym will be CLOSED for Day Camp	In the event of inclement weather, the gym will be CLOSED for Day Camp	
YMCA CLOSED AT 1PM. HAPPY MEMORIAL DAY!	9:00am-4:00pm	In the event of inclement weather, the gym will be CLOSED for Day Camp	9:00am-4:00pm	9:00am-4:00pm	Sunday
	Court 2	9:00am-4:00pm	Court 2	Court 2	Open Adult Basketball 7:00-9:00am Court 1 & 2
		Court 2			
			Adult Pickleball 7:15-8:45pm Court 2**		
	Open High School Basketball 8:00-10:00pm Court 2	Open Adult Basketball 8:00-10:00pm Court 2	Open High School Basketball 8:00-10:00pm Court 2		

Shaded programs require pre-registration

Open Gym Schedule and Gym Rules on Back

**These programs require registration on the YMCA app

C.W. AVERY FAMILY YMCA

A branch of the Greater Joliet Area YMCA

15120 Wallin Drive • Plainfield, IL 60544

P: (815) 267-8600 F: (815) 267-8601 W: www.jolietymca.org





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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Open Gym					
Court 1	5:00-6:30am 7:15am-1:00pm	5:00am-10:00pm	5:00-5:15am 6:15-10:00am 12:00-10:00pm	9:00am-10:00pm	5:00-5:15am 6:15am-10:00pm	9:00am-5:30pm
Court 2	5:00-6:30am 7:15am-1:00pm	5:00-9:00am 9:00-4:00pm # 4:00-8:00pm #- Closed if Inclement Weather	5:00-5:15am 6:15-9:00am 9:00am-4:00pm # 4:00-8:00pm #- Closed if Inclement Weather	5:00-6:00am 9:00am-4:00pm # 4:00-7:15pm #- Closed if Inclement Weather	5:00-5:15am 6:15-9:00am 9:00am-4:00pm # 4:00-10:00pm #- Closed if Inclement Weather	9:00am-5:30pm
Sunday:	(Court 1) 9:00am-3:30pm		(Court2) 9am-3:30pm			

****This schedule is subject to change for days out of school, overcrowding of the gym, special events and event changes due to weather! ****

Gym Rules - Including Track and Courts

****These rules apply to class participants as well as general users of the gym****

- Only water is allowed in the gym - No food, sports drinks, pop, etc.
- Only instructors may bring stereos and sound equipment in the gym
- Appropriate attire is required in the gym – shorts, shirts, and shoes are mandatory
- For the safety of all of our members, ALL bags, coats and other belongings MUST be stored in the cubbies OR put in locker. The C.W. Avery Family YMCA recommends bringing a lock to secure personal belongings as the Y is not responsible for lost, stolen or broken items.
- Belongings are NOT allowed on the track or gym floor.
- Fighting will not be tolerated
- Hanging on basketball rims or nets will not be tolerated
- During times of high player traffic, when classes are in progress or at the staff member's discretion, full court games are not allowed.
- Indoor Track is available for running and walking while gym curtains are down

