

**Galowich Gym Schedule
April 24 – May 27**

Schedules are subject to change, please call ahead to confirm or check Facebook for adjusted times. Gym Guidelines on back.

East Court

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Gym 5:30am – 7:30pm	Open Gym 5:30am – 7:30pm	Open Gym 5:30am – 7:30pm	Open Gym 5:30am – 7:30pm	Open Gym 5:30am – 7:30pm	Open Gym 7:30am – 2:30pm

West Court

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Gym 5:30am – 8:30am	Open Gym 5:30am – 8:30am	Open Gym 5:30am – 8:30am	Open Gym 5:30am – 8:30am	Open Gym 5:30am – 8:30am	Open Gym 7:30am – 9:30pm
Open Gym 11am – 7:30pm	Open Gym 10am – 7:30pm	Open Gym 11am – 7:30pm	Open Gym 11am – 7:30pm	Open Gym 10am – 7:30pm	Open Gym 11:45am – 2:30pm

The gym schedule will be modified on holidays, days out of school and community event days, including:

**April 28
May 23-25**

**Gym Closed at 2:30pm
Gym Closed at 5:00 pm**

**Healthy Kids Day Event
YMCA Staff Training**

Gym Guidelines

- For the safety of all members and guests, all bags, coats and other belongings must be stored in cubbies or locked in lockers. The Galowich Family YMCA recommends bringing a lock to secure personal belongings as the Y is not responsible for lost, stolen or broken items. Locks may be available for purchase at the front desk depending on inventory in stock.
- Only water is allowed in the gym during Open Gym– Please no food, sports drinks, pop, etc. Please pick up after yourself and discard or recycle in a container.
- Foul language and inappropriate behavior, including hanging on the rims is unacceptable.
- Any damage to equipment made by a member/program participant is the responsibility of that member/program participant.
- Children under the age of 10 must be accompanied by an adult.
- Full court games are not allowed.
- Appropriate attire is required. Shirts and gym shoes are mandatory. Anyone without proper attire will be required to leave the gym.
- Participants may be asked to leave the gym if not cooperating with these guidelines.