

**Galowich Gym Schedule
January 9 – February 5**

Schedules are subject to change, please call ahead to confirm or check Facebook for adjusted times. Gym Guidelines on back.

East Court

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----------------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|---------------------|
| Open Gym 5:30am – 8:30am | Open Gym 5:30am – 5:45pm | Open Gym 5:30am – 8:30am | Open Gym 5:30am – 5:45pm | Open Gym 5:30am – 7:30pm | YBL 7:30am – 2:30pm |
| Open Gym 12pm – 4:45pm | | Open Gym 12pm – 5:45pm | | | |
| YBL 5pm – 7:30pm | YBL 5pm – 7:30pm | YBL 5pm – 7:30pm | YBL 5pm – 7:30pm | | |

West Court

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----------------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|---------------------|
| Open Gym 5:30am – 8:30am | Open Gym 5:30am – 5:45pm | Open Gym 5:30am – 8:30am | Open Gym 5:30am – 5:45pm | Open Gym 5:30am – 7:30pm | YBL 7:30am – 2:30pm |
| Open Gym 12pm – 4:45pm | | Open Gym 12pm – 5:45pm | | | |
| YBL 5pm – 7:30pm | YBL 6pm – 7:30pm | YBL 6pm – 7:30pm | YBL 6pm – 7:30pm | | |

The gym schedule will be modified on holidays, days out of school and community event days, including:

**Jan 9-Mar 4
Jan 16**

**Limited Open Gym Hours due to our Youth Basketball League
East Court Closed Day Out of School**

A PLACE WHERE YOU BELONG

Facility Schedule



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Gym Guidelines

- For the safety of all members and guests, all bags, coats and other belongings must be stored in cubbies or locked in lockers. The Galowich Family YMCA recommends bringing a lock to secure personal belongings as the Y is not responsible for lost, stolen or broken items.
- Only water is allowed in the gym during Open Gym– Please no food, sports drinks, pop, etc. Please pick up after yourself and discard or recycle in a container.
- Foul language and inappropriate behavior, including hanging on the rims is unacceptable.
- Children under the age of 8 must be accompanied by an adult.
- Full court games are not allowed.
- Appropriate attire is required. Shirts and gym shoes are mandatory. Anyone without proper attire will be required to leave the gym.
- Participants may be asked to leave the gym if not cooperating with these guidelines.