

SWIMMING FURTHER FASTER

01.
C.W. AVERY FAMILY YMCA POOL SCHEDULE



Fall 1 2022: Monday, August 29th- Sunday, October 2nd

	FAMILY POOL SCHEDULE						
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN SWIM (LARGE SLIDES AND SPLASH PLAYGROUND)	6:20P-8:00P	6:20P-8:00P	6:20P-8:00P	6:20P-8:00P	5:30P-8:00P	12:00P-5:30P	12:00P-3:30P
SPLASH PLAYGROUND ONLY	9:30A-12:00P 5:00P-6:20P	9:30A-12:00P 5:00P-6:20P	9:30A-12:00P 5:00P-6:20P	9:30A-12:00P 5:00P-6:20P	-----		
WATER VORTEX (OPEN TO ALL AGES)	6P-8:00P	6P-7:15P	6P-8:00P	6P-7:15P	5:30P-8:00P	12:00P-5:30P	12:00P-3:30P
WATER WALKING (ADULTS ONLY)	9:30A-12:00P 4:30P-6P	9:30A-12:00P 4:30P-6P 7:15P-8:00P	10:15A-12:00 4:30P-6P	11:00A-12:00P 4:30P-6P 7:15P-8:00P	-----	9:30A-12:00P	
GROUP SWIM LESSONS	9:30A-12:00P 4:30P-7:00P	9:30A-12:00P 4:30P-7:15P	9:30A-12:00P 4:30P-7:00P	9:30A-12:00P 4:30P-7:00P	-----	8:40A-12:00P	
WATER FITNESS			9:30A-10:15A Water Fitness by Rhonda				

	LAP POOL SCHEDULE						
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LAP SWIM	5:00A-9:00P	5:00A-9:00P	5:00A-9:00P	5:00A-9:00P	5:00A-9:00P	6:00A-5:30P	7:00A-3:30P
OPEN SWIM	10:30A-2:30P 8:00P-9:00P	11A-2:30P 8:00P-9:00P	8:00A-2:30P 7:45P-9:00P	9:00A-2:30P 8:00P-9:00P	9:30A-2:30P 7:00P-9:00P	12:00P-5:30P	10:00A-3:30P
GROUP SWIM LESSONS	9:30A-12:00P 4:30P-7:00P	9:30A-12:00P 4:30P-7:15P	9:30A-12:00P 4:30P-7:00P	9:30A-12:00P 4:30P-7:00P		8:40A-12:00P	
WATER FITNESS	9:15A-10:00A Water Fitness by Minerva	5-6A & 6:15A-7:15A Master's 9:30-10:15A Water Fitness by Mariah		5-6A & 6:15A-7:15A Master's 8:00A-8:45A Deep Water Fitness by Minerva	8:30A-9:15A Water Fitness by Rhonda		7:00A-8:00A Master's Swim Club
JETS SWIM TEAM	5P-9P	5P-9P	5P-9P	5P-9P	5P-8P	8A-11A	
High School Swim Team	2:45p-5p	2:45p-5p	2:45p-5p	2:45p-5p	2:45p-5p	6A-8A	

High School Swim Team practice Monday-Friday 2:45P-5P and Saturday's 6A-8A-
EXPECT LESS LAP LANES

The lap pool will close on Monday, September 5 (Labor Day) at **12:30P.**

JETS practice resumes the week of September 12TH
EXPECT LESS LAP LANES
Monday- Friday 5-9P and Saturday's 8A-11A

JETS Swim Clinics the week of September 6th
5-7P

High School Girls Swim Meet on Friday, September 30th. The **Lap Pool will be closed from 3P-7P**

