

## Galowich Gym Schedule August 29 – October 1

*Schedules are subject to change, please call ahead to confirm  
or check Facebook for adjusted times.  
The gym schedule will be modified on holidays and days out of school.*

### East Court

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Gym 5:30am – 8:30am	Open Gym 5:30am – 8:30am	Open Gym 5:30am – 8:30am	Open Gym 5:30am – 8:30am	Open Gym 5:30am – 8:30am	Open Gym 7:30am – 2:30pm
Open Gym 12pm – 7:30pm	Open Gym 12pm – 7:30pm	Open Gym 12pm – 7:30pm	Open Gym 12pm – 7:30pm	Open Gym 12pm – 7:30pm	

### West Court

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Gym 5:30am – 8:30am	Open Gym 5:30am – 8:30am	Open Gym 5:30am – 8:30am	Open Gym 5:30am – 8:30am	Open Gym 5:30am – 8:30am	Open Gym 7:30am – 2:30pm
Open Gym 12pm – 7:30pm	Open Gym 12pm – 7:30pm	Open Gym 12pm – 7:30pm	Open Gym 12pm – 7:30pm	Open Gym 12pm – 7:30pm	

**Gym Guidelines on back**

# A PLACE WHERE YOU BELONG

## Facility Schedule



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

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### Gym Guidelines

- For the safety of all members and guests, all bags, coats and other belongings must be stored in cubbies or locked in lockers. The Galowich Family YMCA recommends bringing a lock to secure personal belongings as the Y is not responsible for lost, stolen or broken items.
- Only water is allowed in the gym during Open Gym– Please no food, sports drinks, pop, etc. Please pick up after yourself and discard or recycle in a container.
- Foul language and inappropriate behavior, including hanging on the rims is unacceptable.
- Children under the age of 8 must be accompanied by an adult.
- Full court games are not allowed.
- Appropriate attire is required. Shirts and gym shoes are mandatory. Anyone without proper attire will be required to leave the gym.
- Participants may be asked to leave the gym if not cooperating with these guidelines.