



FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

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## Galowich Gym Schedule July 11 – August 13

#### Summer Day Camp runs Monday thru Friday 7:00am-6:00pm, May 31-August 12. During the summer, the gym may be closed for summer camp programming.

### **East Court**

| Monday                   | Tuesday                  | Wednesday                | Thursday                 | Friday                   | Saturday                       |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------------|
| Open Gym<br>5am – 6:30am | Open Gym<br>5am - 6:30am | Open Gym<br>5am - 6:30am | Open Gym<br>5am - 6:30am | Open Gym<br>5am – 6:30am | Open Gym<br>7:00am –<br>2:30pm |
| Summer Camp              |                                |
| 6:30am-                  | 6:30am-                  | 6:30am-                  | 6:30am-                  | 6:30am-                  |                                |
| 6:15pm                   | 6:15pm                   | 6:15pm                   | 6:15pm                   | 6:15pm                   |                                |
| Open Gym                 |                                |
| 6:15pm –                 |                                |
| 7:30pm                   | 7:30pm                   | 7:30pm                   | 7:30pm                   | 7:30pm                   |                                |

### West Court

| Monday       | Tuesday                    | Wednesday    | Thursday                   | Friday       | Saturday     |
|--------------|----------------------------|--------------|----------------------------|--------------|--------------|
| Open Gym     | Open Gym                   | Open Gym     | Open Gym                   | Open Gym     | Open Gym     |
| 5am – 7am    | 5am – 7am                  | 5am – 7am    | 5am – 7am                  | 5am – 7am    | 7am – 2:30pm |
| Summer Camp  | Summer Camp                | Summer Camp  | Summer Camp                | Summer Camp  |              |
| 7am-9am      | 7am-9am                    | 7am-9am      | 7am-9am                    | 7am-9am      |              |
| Open Gym     | Open Gym                   | Open Gym     | Open Gym                   | Open Gym     |              |
| 9am – 7:30pm | 9am – 4pm                  | 9am - 7:30pm | 9am – 4pm                  | 9am – 7:30pm |              |
|              | Family Gym<br>4pm - 7:30pm |              | Family Gym<br>4pm - 7:30pm |              |              |

Schedules are subject to change, please call ahead to confirm or check Facebook for adjusted times

### Gym Guidelines on back



## **Gym Guidelines**

- For the safety of all members and guests, all bags, coats and other belongings must be stored in cubbies or locked in lockers. The Galowich Family YMCA recommends bringing a lock to secure personal belongings as the Y is not responsible for lost, stolen or broken items.
- Only water is allowed in the gym during Open Gym– Please no food, sports drinks, pop, etc. Please pick up after yourself and discard or recycle in a container.
- Foul language and inappropriate behavior, including hanging on the rims is unacceptable.
- Children under the age of 8 must be accompanied by an adult.
- Full court games are not allowed.
- Appropriate attire is required. Shirts and gym shoes are mandatory. Anyone without proper attire will be required to leave the gym.
- Participants may be asked to leave the gym if not cooperating with these guidelines.
- Summer Day Camp runs Monday thru Friday 7:00am-6:00pm, May 31-August 12. During the summer, the gym may be closed for summer camp programming. Schedules are subject to change based on weather and programming, please call ahead to confirm or check Facebook for adjusted times.





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# A PLACE WHERE YOU BELONG Facility Schedule