



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

**C.W. Avery Family YMCA Gym Schedule
Summer 1 & 2 Session June 6th- Aug 14th, 2022**

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|--|
| Scheduled Programs & Classes | | | | | |
| Boot Camp 5:30-6:30am Court 1 & 2 | | Boot Camp 5:30-6:30am Court 1 & 2 | Open Adult Basketball 6:00-8:45 Court 1 & 2 | Boot Camp 5:30-6:30am Court 1 & 2 | Open Adult Basketball 6:00-9:00am Court 1 & 2 |
| Day Camp 9:00-4:00pm Court 2 (If Inclement Weather) | Day Camp 9:00-4:00pm Court 2 (If Inclement Weather) | Day Camp 9:00-4:00pm Court 2 (If Inclement Weather) | Day Camp 9:00-4:00pm Court 2 (If Inclement Weather) | Day Camp 9:00-4:00pm Court 2 (If Inclement Weather) | Sunday |
| | | | | | Open Adult Basketball 7:00-8:30am Court 1 & 2 |
| | | | | | Open Adult Basketball 8:30-9:00am Court 1 |
| Sports Class 5:00-6:00pm Court 2 | Sports Class 5:15-5:45pm Court 2 | Sports Class 5:00-6:00pm Court 2 | Sports Class 5:15-6:00pm Court 2 | | Open Women's Basketball 8:30- 10:00am Court 2 |
| Sports Class 6:00-7:00pm Court 2 | Sports Class 6:00-7:00pm Court 2 | Sports Class 6:00-7:00pm Court 2 | Sports Class 6:30-7:30pm Court 2 | | |
| | Sports Class 7:00-8:00pm Court 2 | Sports Class 7:00-8:00pm Court 2 | Sports Class 7:30-8:30pm Court 2 | | |
| Open Adult Basketball 8:00-10:00pm Court 2 | Open High School Basketball 8:00-10:00pm Court 2 | Open Adult Basketball 8:00-10:00pm Court 2 | Open High School Basketball 8:30-10:00pm Court 2 | Open Adult Women's Basketball 8:00-10:00pm Court 2 | |

Shaded programs require pre-registration

Open Gym Schedule and Gym Rules on Back

ON RAIN DAYS, COURTS 1 & 2 WILL BE CLOSED DUE TO DAY CAMP & SPORTS CAMPS

C.W. AVERY FAMILY YMCA

A branch of the Greater Joliet Area YMCA

15120 Wallin Drive • Plainfield, IL 60544

P: (815) 267-8600 F: (815) 267-8601 W: www.jolietymca.org





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| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---------|--|----------------|-------------------------------|-------------------------------|-------------------------------|---------------|
| | Open Gym | | | | | |
| Court 1 | 5:00-5:15am 6:30am-10:00pm | 5:00am-10:00pm | 5:00-5:15am 6:30am-10:00pm | 5:00-6:00am 8:45am-10:00pm | 5:00-5:15am 6:30am-10:00pm | 9:00am-6:00pm |
| Court 2 | 5:00-5:15am 6:30am-5:00pm* 7:00-8:00pm | 5:00am-5:15pm* | 5:00-5:15am 6:30am-5:00pm* | 5:00-6:00am 8:45am-5:15pm* | 5:00-5:15am 6:30am-8:00pm* | 9:00am-6:00pm |

Sunday: (Court 1) 9:00am-4:00pm (Court2) 10:00am-4:00pm

***ON RAIN DAYS, COURTS 1 & 2 WILL BE CLOSED DUE TO DAY CAMP & SPORTS CAMPS**

THE GYM WILL BE CLOSED ON SUNDAY, JUNE 12TH FROM 8AM-3PM DUE TO A YMCA JETS SWIM MEET

COURTS 1 & 2 WILL BE CLOSED ON THE FOLLOWING DATES FROM 12:45-4:15PM DUE TO SPORTS CAMP

- WEEK 1 - JUNE 6-10: VOLLEYBALL CAMP
- WEEK 2 - JUNE 13-17: VOLLEYBALL CAMP
- WEEK 3 - JUNE 20-24: BASKETBALL CAMP
- WEEK 4 - JUNE 27-JULY 1: BASKETBALL CAMP
- WEEK 6 - JULY 11-15: VOLLEYBALL CAMP
- WEEK 7 - JULY 18-22: BASKETBALL CAMP
- WEEK 8 – JULY 25-29: FLOOR HOCKEY CAMP
- WEEK 9 – AUGUST 1-5: BASKETBALL CAMP
- WEEK 10 – AUGUST 8-12: BASKETBALL CAMP

*If camps are small enough to run on Court 2, then Court 1 will be open

Gym Rules - Including Track and Courts

****These rules apply to class participants as well as general users of the gym****

****This schedule is subject to change for day camp, special events and event changes due to the weather!****

- Only water is allowed in the gym - No food, sports drinks, pop, etc.
- Only instructors may bring stereos and sound equipment in the gym
- Appropriate attire is required in the gym – shorts, shirts, and shoes are mandatory
- For the safety of all of our members, ALL bags, coats and other belongings MUST be stored in a locker. The C.W. Avery Family YMCA recommends bringing a lock to secure personal belongings as the Y is not responsible for lost, stolen or broken items.
- Belongings are NOT allowed on the track or gym floor.
- Fighting will not be tolerated
- Hanging on basketball rims or nets will not be tolerated
- No full court games are allowed while classes are in progress.

