

Galowich Gym Schedule August 30 – October 2

East Court

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Gym 5:30am – 8:30am	Open Gym 5:30am – 8:30am	Open Gym 5:30am – 8:30am	Open Gym 5:30am – 8:30am	Open Gym 5:30am – 8:30am	Open Gym 7:30am – 2:30pm
Open Gym 12pm – 7:30pm	Open Gym 12pm – 7:30pm	Open Gym 12pm – 7:30pm	Open Gym 12pm – 7:30pm	Open Gym 12pm – 7:30pm	

West Court

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Gym 5:30am – 8:30am	Open Gym 5:30am – 8:30am	Open Gym 5:30am – 8:30am	Open Gym 5:30am – 8:30am	Open Gym 5:30am – 8:30am	Open Gym 7:30am – 2:30pm
Open Gym 12pm – 7:30pm	Open Gym 12pm – 7:30pm	Open Gym 12pm – 7:30pm	Open Gym 12pm – 7:30pm	Open Gym 12pm – 7:30pm	

*Schedules are subject to change, please call ahead to confirm
or check Facebook for adjusted times.*

Gym Guidelines on back

Gym Guidelines

- Effective August 3, 2021, the Centers for Disease Control and Prevention (CDC) recommends that everyone wears a mask or face covering when indoors during times of substantial or high transmission in our community.
- Staff will disinfect equipment and bleachers daily. Please look for posted signs, which will indicate where used equipment can be placed and disinfected equipment can be found in the gym. Participants may be asked to leave the gym during the cleaning time.
- Only water is allowed in the gym during Open Gym– Please no food, sports drinks, pop, etc.
- For the safety of all members and guests, all bags, coats and other belongings must be stored in cubbies or locked in lockers. The Galowich Family YMCA recommends bringing a lock to secure personal belongings as the Y is not responsible for lost, stolen or broken items.
- Foul language and inappropriate behavior, including hanging on the rims is unacceptable.