



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GREATER JOLIET AREA YMCA VOLUNTEER CODE OF CONDUCT

Our top priority is to provide a safe and enriching experience for all. In order to ensure this positive environment, we strive to live our cause with purpose each and every day.

HOW WE SHOW UP

WE ARE:

- Welcoming:** We are open to all. We are a place where you can be, belong and become.
- Genuine:** We value who you are and encourage you to be true to yourself and others.
- Hopeful:** We believe in you and your ability to be a catalyst for good in the world.
- Nurturing:** We're with you in your journey to develop your full potential.
- Determined:** Above all else, we are on a relentless quest to make our community stronger beginning with you.

HOW WE ENGAGE PEOPLE

We act with intentionality to connect people to our cause through our service and engagement principles.

EVERY DAY WE:

- Welcome:** Smile, greet people by name, introduce ourselves.
- Connect:** Ask questions, share a story, introduce our members and volunteers to one another.
- Support:** Affirm and encourage our members and volunteers to achieve their personal goals.
- Invite:** Share opportunities to get involved and give back to the community.

THE RESULT

When people experience the Y, they know—and feel—that they belong to a charitable cause that transforms lives.

PROTECTING OUR KIDS

Each day, parents look to the YMCA to provide a safe and secure environment where children can learn practical social skills and develop positive values. Our reputation for consistency and safety, as well as our focus on youth development, gives parents the confidence they need to trust us with their children.

I know that I am not to be alone with children at the Y or outside of Y programming for youth I have met through the Y.

I understand that as a volunteer for the Y I am serving as a role model and I agree to abide by the statements above.

I understand that as a Y volunteer I am required to report an arrest or criminal conviction to the YMCA within five days of when the arrest or conviction occurred or prior to any additional volunteering, whichever comes first. Failure to report an arrest or conviction as required will be considered misconduct and grounds for dismissal.

Print Name

Signature

Date





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GREATER JOLIET AREA YMCA UNDERSTANDING SAFETY STANDARDS

At the Y, we are committed to maintaining a safe work environment and ensuring the health and well-being of our employees and volunteers. The information below is designed to provide you with an overview of Bloodborne Pathogens.

UNDERSTANDING BLOODBORNE PATHOGENS

Bloodborne Pathogens are infectious microorganisms that are found in human blood and other potentially infectious materials (OPIM), such as bodily fluids, that can cause disease. These pathogens include, but are not limited to, Hepatitis B, Hepatitis C and HIV.

MODES OF TRANSMISSION

Bloodborne Pathogens are most commonly transmitted through:

- Accidental puncture from contaminated needles, broken glass or other sharp objects
- Contact between broken or damaged skin (cuts, abrasions, bites) and infected bodily fluids
- Contact between mucus membranes and infected bodily fluid

UNDERSTANDING HOW TO AVOID EXPOSURE TO BLOODBORNE PATHOGENS

- **AVOID** contact with blood or other potentially infected materials (OPIM)
- **ALWAYS USE UNIVERSAL PRECAUTIONS** and treat all human blood and bodily fluid as if it was known to be infected with Bloodborne Pathogens
- **ALWAYS USE PERSONAL PROTECTIVE EQUIPMENT**, such as gloves, gowns, eye protection and masks, which are available for your use
- **WASH YOUR HANDS** after providing first aid care or cleaning, using warm water and soap. Be sure to rub your hands vigorously for at least 15 seconds covering all surfaces of your hands and fingers, and then rinse with warm, running water. Handwashing is the most effective way to avoid the spread of infection.

WHAT TO DO IF YOU ARE EXPOSED TO INFECTIOUS MATERIAL

If at any time you are exposed to blood or other bodily fluids, please notify your volunteer supervisor and ask to complete an incident report. Your supervisor will work with you to complete any additional documentation and provide post-exposure follow-up instructions.

I understand that as a Y volunteer, it is my responsibility to always use universal precautions and personal protective equipment when dealing with possible Bloodborne Pathogen exposure

Print Name

Signature

Date

GREATER JOLIET AREA YMCA

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GREATER JOLIET AREA YMCA

UNDERSTANDING YOUR ROLE IN KEEPING KIDS SAFE

At the Y, we are committed to providing a safe and enriching experience for all children in our care. As a volunteer, you are a vital component of our Child Abuse Prevention Program. By working together, we can ensure that children in YMCA programs are safe and receive the support they need to learn, grow and thrive. The Greater Joliet Area YMCA has “zero tolerance” for abuse.

DEFINING THE TYPES OF ABUSE

Neglect: Failing to maintain a child’s health, safety and well-being

Physical Abuse: Non-accidental physical injury

Sexual Abuse: Uses or involves a child for a sexual purpose or act

Emotional Abuse: Harm to a child’s mental and social development

Exploitation: Uses one’s position of power to maintain inappropriate relationships

THE RISK IS REAL

- 1 in 4 girls and 1 in 6 boys are sexually abused before the age of 18
- The highest risk exists for youth, ages 8-11
- 90% of victims know their perpetrators
- Once a child is victimized, they are more vulnerable to being abused again
- Child-on-child sexual, physical and emotional abuse, involving two adolescents, is prevalent and often goes unreported

HOW TO MAINTAIN A SAFE ENVIRONMENT

- Encourage children to not keep secrets
- Talk with the children in your care to identify trusted adults in their lives
- Never be alone with children you have met at the Y or through YMCA programming

IDENTIFY PREDATORY BEHAVIOR AND ALWAYS REPORT YOUR CONCERNS

- Offenders of all ages draw victims into relationships and maintain the relationship in secrecy
- Offenders of all ages manipulate children into keeping unsafe secrets
- Offenders of all ages often exploit a position of power

APPROPRIATE AND INAPPROPRIATE CONDUCT DEFINED

Appropriate physical contact:

- Side hugs
- Shoulder-to-shoulder or “temple” hugs
- Pats on the shoulder or back
- Handshakes
- High-fives and hand slapping
- Verbal praise
- Pats on the head when culturally appropriate
- Touching hands, shoulders, and arms
- Arms around shoulders
- Holding hands (with young children in escorting situations)

Inappropriate physical contact:

- Full-frontal hugs
- Kisses
- Showing affection in isolated areas
- Lap sitting
- Wrestling
- Piggyback rides
- Tickling
- Allowing a youth to cling to an employee’s or volunteer’s leg
- Any type of massage given by or to a youth
- Any form of affection that is unwanted by the youth or the staff
- Compliments relating to physique or body development
- Touching bottom, chest, or genital areas



GREATER JOLIET AREA YMCA ELECTRONIC COMMUNICATIONS GUIDELINES AND EXPECTATIONS

During these unprecedented times, we are relying on electronic communication more than ever to stay connected with one another. To ensure we can maintain appropriate boundaries between youth and adult volunteers at the YMCA, it is imperative that all participants adhere to the following guidelines and expectations when engaged in online electronic communication platforms:

SET APPROPRIATE BOUNDARIES FOR COMMUNICATIONS

- When using online platforms to communicate with youth, conversations should remain focused on curriculum, projects, and goal attainment rather than on personal details of ones' life.
- In the spirit of transparency, all instruction sessions must be recorded.
- Ensure that any conversation that may be misinterpreted as inappropriate is immediately brought to the attention of the YMCA's Volunteer and Community Engagement Director.
- Adult volunteers should refrain from communicating with youth they have met through YMCA programs via private emails, texts, or social media.

MAINTAIN PROFESSIONALISM

- When using any video conferencing platforms, like Zoom, please ensure that both your surroundings and personal appearance/attire reflect a professional image.

INVOLVE PARENTS AND GUARDIANS

- Parents/guardians or a caregiver over the age of 18 must be present for all instruction sessions.

By working together, we can provide a safe and enriching experience for all and ensure that youth have the opportunity to thrive while participating in virtual learning sessions.

As a YMCA volunteer, I agree to abide by the guidelines and expectations above.

Print Name

Signature

Date

