SMITH FAMILY YMCA—5 WEEK SWIM LESSON SESSIONS

Swim Lesson Stage / Age Range	Parent-Child A 6 mo-2	Parent-Child B 2-5	Pre-School 1 3-5	Pre-School 2 3-5	Pre-School 3 3-5	Pre-School 4 3-5	Youth 1 6-12	Youth 2 6-12	Youth 3 6-14	Youth 4 6-14	Youth 5 6-14	Youth 6 6-14	Teen/Adult Basics 13 & up	Teen/Adult Strokes 13 & up
Monday														
4:15-4:45 p.m.			X	X					X	X				
4:50-5:20 p.m.					X	X	X	X						
5:25-5:55 p.m.			X	X						X	X			
6-6:30 p.m.								X	X		X	X	X	X
Tuesday														
9:30-10 a.m.	X	X												
10:05-10:35 a.m.			X	X										
★ 4:50-5:20 p.m.			X	X	X	X								
★ 5:25-5:55 p.m.							X	X	X	X				
★ 6-6:30 p.m.							X			X	X	X		
Wednesday														
4:15-4:45 p.m.			X	X	X			X						
4:50-5:20 p.m.							X	X		X	X	X		
5:25-5:55 p.m.	X	X	X						X	X				
6-6:30 p.m.					X	X	X				X	X		
Thursday														
9:30-10 a.m.	X	X												
10:05-10:35 a.m.			X	X										
4:50-5:20 p.m.			X	X	X	X								
5:25-5:55 p.m.							X	X	X	X				
6-6:30 p.m.										X	X	X		
Saturday														
9:30-10 a.m.	X	X	X	X			X							
10:05-10:35 a.m.			X	X	X	X								
10:40-11:10 a.m.							X	X		X			X	X
11:15-11:45 a.m.								X	X		X	X		

Galowich & Smith Family YMCAs		Weeks	Early Bird Deadline
Spring 1	March 16-April 26 No swim lessons week of 3/23	5	Monday, March 9
Spring 2	April 27-May 31 *No lessons on Memorial Day May 25, pro-rated fee	5	Monday, April 20

Stages A & B | Stages 1-6 | Teens/Adults | Early Bird Price • $41/$82 | Price After Deadline • $46/$87

REGISTER BEFORE THE EARLY BIRD DEADLINE TO SAVE!
Registration is available in person or online at www.jolietymca.org.

FOR YOUTH DEVELOPMENT

Nurturing the potential of every child and teen.

GALOWICH AND SMITH FAMILY YMCAs—STAGE 7 SESSION DATES & FEES

	Session Dates	Weeks	Early Bird Deadline
Winter 1	January 6–February 9	5	Monday, December 30
Winter 2	February 10–March 15	5	Monday, February 3
Spring 1	March 6–April 6 No swim lessons week of 3/23	5	Monday, March 9
Spring 2	April 27–May 31 *No lessons on Memorial Day May 25, pro-rated fee	5	Monday, April 20

Pre-Conditioning	**5**	**Early Bird Price • $41/$82**	**Price After Deadline • $46/$87**
Water Sports & Games*	**5**	**Early Bird Price • $41/$82**	**Price After Deadline • $46/$87**
AQ Leadership/Intro & Varsity	**10**	**Early Bird Price • $100/$200**	**Price After Deadline • $105/$210**
Conditioning	**10**	**Early Bird Price • $82/$164**	**Price After Deadline • $87/$169**

*Children who pass into Stage 7 in the middle of a 10-week session can join for a pro-rated price!

STAGE 7 • 10 WEEK SWIM LESSON GRADUATE TRACKS (One lesson per week)

	Pre-Conditioning	Conditioning	AQ Leadership Introduction	AQ Leadership Varsity	Water Sports and Games
Galowich					
Mondays					6–7 p.m.
Thursdays	5:30–6:30 p.m.	5:30–6:30 p.m.	5:30–7 p.m.	5:30–7 p.m.	
Smith					
Tuesdays	6:30–7:30 p.m.	6:30–7:30 p.m.			
Thursdays	6:30–7:30 p.m.	6:30–7:30 p.m.	5:30–7 p.m.	5:30–7 p.m.	

DID YOU KNOW...

All active JETS swimmers and Stage 7 swim lesson participants qualify as blue wristband swimmers, allowing them to swim in the deep end without swim testing. Be sure to pick up your blue wristband by visiting the Membership Desk during your next visit.