



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# BEST SUMMER EVER™



**Summer Camp 2018**  
**Greater Joliet Area YMCA**

## **SAVE ON CAMP!**

Did you know that Y members receive the lowest rates for camp?  
Ask us about membership today.



# SUMMER'S COOLER AT YMCA CAMP

YMCA summer camps offer an action-packed, adventure-filled experience, where young people can make new friends while having a whole lot of fun! At camp, kids laugh, learn, explore and grow, while creating memories and friendships that last a lifetime.

The Y's summer camp program creates opportunities for kids to learn new skills, be creative, build self-confidence and gain independence in a safe, fun and nurturing environment. For these reasons and so many more, hundreds of area children attend summer day camp at the Y; to belong, achieve and build relationships.



## REGISTRATION

Registration begins on Saturday, March 3

## REGISTER EARLY AND SAVE!

Register for summer day camp by March 12, and pay a \$0 registration fee- a savings of up to \$45.



Register Early!  
Space is Limited.

## OUR MISSION

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

## OUR CAMP PHILOSOPHY

Fostering friendships is vital to the camp experience. To ensure campers develop meaningful relationships, they are grouped by age and each group participates in frequent teambuilding and leadership activities. We are committed to creating a camp community that promotes healthy friendships amongst all campers and staff.

## OUR COMMITMENT TO YOU

We believe the values and skills learned early on are vital building blocks for life. At the Y, children and teens learn values and positive behaviors, and can explore their unique talents and interests, helping them realize their potential. That makes for confident kids today and contributing and engaged adults tomorrow.

Each day, parents look to the YMCA to provide a safe and secure environment where children can learn practical social skills and develop positive values. Our **low staff-to-child ratio** also allows our team to give each camper the attention and guidance necessary to create a positive and safe environment.

Our reputation for consistency and safety, as well as our focus on youth development, gives parents the confidence they need to trust us with their children.



## OUR STAFF TEAM

At YMCA camp, caring and professional role models are committed to helping kids build confidence and character. The dedication and professionalism of our highly trained staff is extraordinary. All YMCA Day Camp staff are 18 years of age or older and have been trained or certified in the following:

- CPR
- AED
- First Aid
- Bloodborne Pathogens
- Prevention/Recognition of Child Abuse
- Sexual Harassment Prevention
- Camp Safety



## CAMP HOURS

7 a.m.-6 p.m.

Before and after camp care is included in your camp fee.

## A Typical Day at YMCA Camp

- Campers Arrive
- Opening Ceremonies
- Group Activities- Including teambuilding, arts and crafts, active play and STEAM activities
- Lunch
- Swimming
- Reading Time
- Closing Ceremonies
- Group Activities

On field trip days,  
schedules will vary.

For camp rates, themes and weekly field trip schedules, please contact your local YMCA branch.



## AMAZING LEARNING EXPERIENCES

At the Y, we strive to create a summer day camp experience like no other. By including dynamic programs like these in our camp curriculum, we believe that all children have the opportunity to benefit from an engaging and impactful camp experience.

### "Go Blue" Water Safety Program

The YMCA has been teaching kids how to swim for more than a century, providing lessons about water safety in a fun and safe environment. With the addition of our "Go Blue" Water Safety Program, children will have the opportunity to develop this essential lifeskill while enrolled in YMCA summer camp.

Each week, summer day campers must participate in a swim test before entering the pool. Based on their swimming abilities, campers are given a red, yellow or blue wristband. To "Go Blue" means that swimmers have enough strength, skill and confidence to pass the blue swim test, which includes jumping into the deep end of the pool, treading water, and swimming the length of the pool using a front crawl stroke without stopping.

To improve their swimming skills, all red and yellow wristband campers will participate in 15-minute swim lessons several times a week. Our goal is to help all non-swimmers and intermediate swimmers "Go Blue" by the end of summer.

### Counselor in Training (CIT) Leadership Program

The summer camp environment provides a unique opportunity for youth to build leadership skills by gaining hands-on experience assisting our fantastic team of camp counselors with our younger campers. Open to registered summer day campers entering grades 7-8, the goal of the YMCA's Counselor in Training (CIT) Program is to teach teens leadership skills that can be used at school, home and in the community.

### Teen Volunteer Opportunities

Volunteers play an important role in the success and quality of YMCA programs. Area high school students, ages 15-17, are invited to volunteer in a variety of capacities during summer camp. Prospective volunteers must submit a volunteer application.

To learn more about these opportunities, please contact the Camp Director at your local YMCA branch.

## WHAT TO BRING EACH DAY TO CAMP

Children should wear simple, non-restrictive clothing and gym shoes.

Campers should dress for the weather, as most camp activities are held outside. Camp t-shirts should be worn on field trip days.

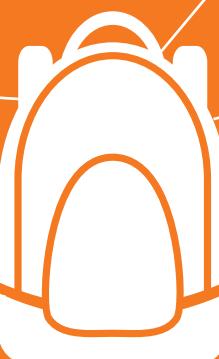
Two healthy snacks and lunch  
(unless provided by your camp site)



Swimsuit and towel



Reusable water bottle



Sunscreen and insect repellent



Athletic shoes and socks  
(open-toe shoes are not permitted)



Hat or visor



Backpack or shoulder bag

Please remember to label all items. Unclaimed lost items will be donated to a local charity at the conclusion of camp.

Every camper gets  
a free t-shirt.

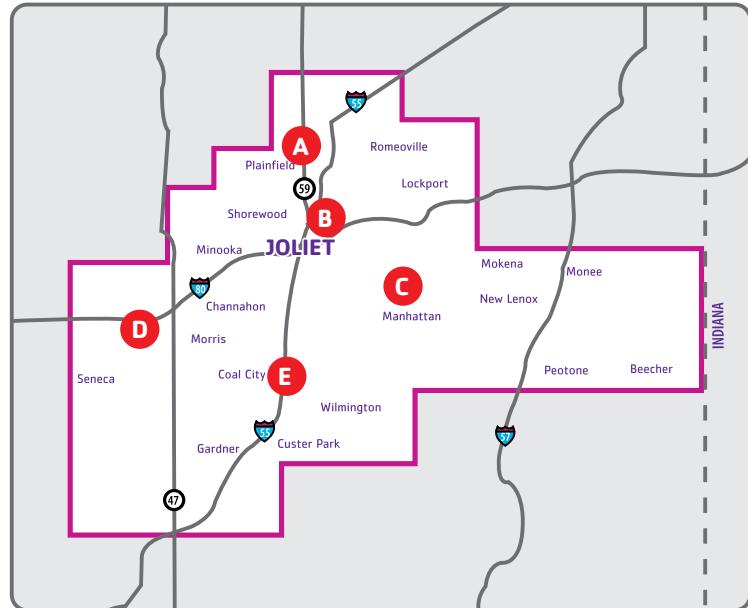
## EVERYONE IS WELCOME AT THE Y

At the Y, no one is turned away due to the inability to pay. In keeping with our mission, the Greater Joliet Area YMCA provides financial assistance, as funds are available, to those who qualify, based on a sliding fee scale. DHS funds are also accepted. To learn more about the Y's Financial Assistance Program, please visit [www.jolietylmc.org](http://www.jolietylmc.org) or stop by your local branch today.

## WE ARE HERE FOR YOU

With five convenient camp locations to choose from, the Y is your family's source for fun this summer:

- A** C.W. Avery Family YMCA  
15120 Wallin Drive, Plainfield  
Preschool, Grades K-8
- B** Galowich Family YMCA  
749 Houbolt Road, Joliet  
Preschool, Grades K-8
- C** Smith Family YMCA  
1350 S. Briggs Street, Joliet  
Preschool, Grades K-8
- D** Saratoga Elementary School  
4040 N. Division Street, Morris  
Preschool\*, Grades K-8
- E** Coal City Early Childhood Center  
755 S. Carbon Hill Road, Coal City  
Preschool\*, Grades K-8



\*Preschool camp is offered at the Morris Community YMCA

## IGNITE THEIR PASSION

In addition to summer day camp, the YMCA offers a wide variety of sports and specialty camps each summer.



## GET YOUR GAME ON

### Summer Sports Camps

When kids play sports they get more than just exercise. Besides being physically active, they develop higher self-esteem, perform better in school, and work better in groups. YMCA sports camps teach kids the fundamentals of the game while emphasizing the importance of teamwork.



The Y will be offering a variety of sports camps this summer, including:

- Basketball
- Poms
- Preschool Sports
- Flag Football
- Wrestling
- Soccer
- Volleyball
- Softball
- Bowling
- Cheerleading
- Fishing
- Dodgeball
- Track and Field

## EXCITING NEW ADVENTURES

### Summer Specialty Camps

Is your child a budding artist or a Lego guru? We offer a variety of specialty camps for children with specific interests or hobbies.



Each Y is unique and diverse, just like your child, so programs will vary by location.

Please contact your local branch for sports and specialty camp offerings, schedules and pricing.

# LETTING KIDS BE KIDS



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## C.W. Avery Family YMCA Summer Day Camp

At the C.W. Avery Family YMCA, we provide a safe, affordable and fun summer day camp program for youth and teens. YMCA Summer Day Camp offers kids a chance to have fun and develop new friendships while building a healthy spirit, mind and body. Campers will enjoy up to 10 weeks of summer fun full of swimming, field trips, sports, outdoor exploration, arts & crafts and more.

### CAMP DATES:

**Monday, June 4–Friday, August 10**

Families can also register for pre-camp and post-camp child care. Pre-camp and post-camp dates are not included in camp fees.

**Pre-camp:** May 29–31 and June 1

**Post-camp:** August 13–15

### CAMP HOURS:

7 a.m.–6 p.m.



### WEEKLY RATES:

**Facility Member:**

\$190 per child each week

**Community Member:**

\$215 per child each week

Plus a \$45 non-refundable registration fee per family

### SUMMER CAMP

#### LEVELS:

**Day Camp Vega**

Grades K–4

**Day Camp Altair**

Grades 5–6

**Day Camp Polaris**

Grades 7–8

### DEVELOPING FUTURE LEADERS

Campers entering grades 7–8 are invited to submit an application for our Counselor in Training (CIT) Program.



### WEEKLY CAMP THEMES

- Week 1: Secret Agent
- Week 2: Color Me Crazy
- Week 3: Up, Up, and Away
- Week 4: Now Playing...
- Week 5: Party in the USA
- Week 6: Nature Unleashed
- Week 7: Get Your Game On
- Week 8: Desert Oasis
- Week 9: Summer Camp Mash-Up
- Week 10: Bon Voyage



### SUMMER CAMP KICK-OFF

#### FAMILY CAMP NIGHT AT THE Y

**Friday, May 18**

**6:30–8 p.m.**

Plan to join us for games and a Summer Camp Q&A session. This is also a great opportunity for your camper to meet our camp team and counselors.



To learn more about Summer Day Camp, please contact:

**Erin Lightbody, Youth & Family Director**

Phone: (815) 267-8600, ext. 211

Email: elightbody@jolietymca.org

**Shannon Stawikowski, Youth & Family Manager**

Phone: (815) 267-8600, ext. 212

Email: sstawikowski@jolietymca.org

# MAKE A SPLASH THIS SUMMER

Summer Day Camp Swim Lessons

Registration  
opens  
March 3

Your child can take his/her swimming skills to the next level by enrolling in summer day camp swim lessons, designed exclusively for campers. To ensure campers will not miss any field trips, classes will meet on Mondays, Tuesdays, Thursdays and Fridays.

On the first day of lessons, campers will be swim tested and placed in a class according to their swimming ability. We highly recommend registering campers each week they are enrolled in camp so they can continue to improve their skills and swimming endurance.

Camp swim lessons run from June 4-August 10.

## ENROLL TODAY!

Facility Member: \$32 per week

Community Member: \$64 per week

To learn more about Summer Day Camp Swim Lessons, please contact:

### Danielle Krohn, Aquatics Director

Phone: (815) 267-8600, ext. 226

Email: dkrohn@jolietymca.org

### Dan Chambers, Aquatics Manager

Phone: (815) 267-8600, ext. 228

Email: dchambers@jolietymca.org

### Camp Swim Lesson Schedule:

|          |                  |
|----------|------------------|
| Week 1:  | June 4-8         |
| Week 2:  | June 11-15       |
| Week 3:  | June 18-22       |
| Week 4:  | June 25-29       |
| Week 5:  | No Lessons*      |
| Week 6:  | July 9-13        |
| Week 7:  | July 16-20       |
| Week 8:  | July 23-27       |
| Week 9:  | July 30-August 3 |
| Week 10: | August 6-10      |

\*Camp swim lessons will not be offered the week of July 4.