



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Fabulous After 50 Calendar of Events

Mondays- Swimnastics (Water Fitness, Lap Pool) 9:00-10:00am

Wednesdays- Swimnastics (Water Fitness, Family Pool) 9:00-10:00am

Fridays-Water Aerobics 11:00-11:45am

Social Hour Schedule-Winter 2012

January 11, 2012

10:30am Yatzee

January 18, 2012

10:30am LCR

January 25, 2012

10:30am Show & Tell- bring something in that will let us know more about you!!

February 1, 2012

10:30am BINGO

February 8, 2012

10:30am Apples to Apples

February 15, 2012

11:00am Valentines Day Party!

Please RSVP so I know how much food to get by February 13th.

February 22, 2012

10:30am Farkle

C.W. Avery Family YMCA
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Our Mission: To put Christian principles into practice by developing relationships among all persons and providing programs that build healthy spirit, mind and body.