

AVERY POOLS' SCHEDULE FEB 22-MAR 28 & APR 5-17

FAMILY POOL SCHEDULE

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------------------------------|--------------------------------|--|--------------------------------|--------------------------------|---|---------------------------------|
| Swim Lessons 9:20-11:50am | Pre & Post Natal 9 - 10 am | Fab 50's & Swimnastics 9 - 10 am | Pre & Post Natal 9 - 10 am | | Swim Lessons ONLY 8:40am - 12 pm | |
| Water walking 10am-12pm | Swim Lessons 9:20-11:50am | Swim Lessons 9:20-11:50am | Swim Lessons 9:20-11:50am | Water Walking 10am-12pm | | Open Swim 11am- 2:45pm |
| 10 am-12pm Spray playground | Water walking 10a | 10 am-12pm Spray playground | Water walking 10a | Aqua Boot Camp | | |
| Arthritis Class 10:15-11am | 10 am-12pm Spray playground | 10 am-12pm Spray playground | 10 am-12pm Spray playground | 10 am-12pm Spray playground | Open Swim 12:30-5:30pm | |
| Lessons 3:50-5:40pm | Lessons 3:50-5:40pm | Lessons 3:50-5:40pm | Lessons 3:50-5:40pm | Open Swim 5:30-8:30 pm | | |
| Open Swim 5:30-8:30 pm | Open Swim 5:30-8:30 pm | Open Swim 5:30-8:30 pm | Open Swim 5:30-8:30 pm | | | |

CHILDREN UNDER 10 YEARS OLD MUST BE ACCOMPANIED BY AN ADULT IN THE FAMILY POOL AT ALL TIMES

ADULT ONLY WATER WALKING AVAILABLE IN THE FAMILY POOL'S WATER VORTEX MON-FRI 10AM-12PM

LAP POOL SCHEDULE

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--|---|---|--|--|---|---|
| Lap Swim 5 - 9 am 6 lanes open | Lap Swim 5 - 9:20 am 6 lanes open | Lap Swim 5 - 9:20 am 6 lanes open | Lap Swim 5 - 9:20 am 6 lanes open | Lap Swim 5 - 9:30 am 6 lanes open | Lap Swim 6 - 8:30 am | |
| Swimnastics 9-10 | | Swim Lessons 9:20-11:50am | | MASTERS SWIM CLASS 9:30-11am | Masters 7:30-8:30 | |
| Swim Lessons 9:20-11:50am *** | Swim Lessons 9:20-11:50am *** | Deep Water 10:15-11:15am | Swim Lessons 9:20-11:50am *** | AM Private Lessons | Adult/Teen Lessons | Open Swim 11am- 2:45pm |
| Family Swim 12-1pm *** | Family Swim 12-1pm *** | Family Swim 12-1pm *** | Family Swim 12-1pm *** | Family Swim 11am - 1pm | Swim Lessons 8:40am - 12 pm ** | |
| Open & Lap Swim 1 - 3:50 pm *** | Open & Lap Swim 1 - 3:50 pm *** | Open & Lap Swim 1 - 3:50 pm *** | Open & Lap Swim 1 - 3:50 pm *** | Open & Lap Swim 1 - 9:30pm *** | Family Swim 12 - 1 pm *** | **** |
| Private Lessons 4pm | Private Lessons 4pm | Private Lessons 4pm | Private Lessons 4pm | Private Lessons 4pm | Open & Lap Swim 1 - 5:30 pm *** | Sunday hours may change in April |
| Swim Lessons 3:50 - 7 pm | Swim Lessons 3:50 - 7 pm | Swim Lessons 3:50 - 7 pm | Swim Lessons 3:50 - 7 pm | Please check the current YMCA brochure for specialty classes & swim clinics scheduled on various Fridays | | |
| No lap swim 5:20-7pm | | No lap swim 5:20-7pm | | | | |
| Porpoise Club 5:20-6:20pm | No lap swim 6:30-7pm | Porpoise Club 5:20-6:20pm | No lap swim 6:30-7pm | | | |
| Aqua Aerobics 6:30-7:30pm | Deep Water 6:30-7:30pm | Aqua Aerobics 6:30-7:30pm | Deep Water 6:30-7:30pm | | | |
| Open & Lap Swim 7 - 9:30 pm | Adult/Teen Lessons | 6:30-7:30pm | Adult/Teen Lessons | | | |
| | Open & Lap Swim 7 - 9:30 pm | Open & Lap Swim 7 - 9:30 pm | Open & Lap Swim 7 - 9:30 pm | | | |
| *** Indicates when there will be at least 3 lap lanes available. | | | Please look for a NEW POOL schedule for SPRING BREAK Mar 29-Apr 4 | | Attention YMCA Members: Children under 10 yrs old must be accompanied by an adult in the water at ALL times. The YMCA tries to keep at least one lane open for lap swimming, however, there are times when this is not possible due to programming. | |

PLEASE NOTE LAP SWIMMING IS NOT AVAILABLE M/W 5:20-7:00pm and T/H 6:30-7:00pm

FOR YOUR SAFETY THE LIFEGUARD HAS THE AUTHORITY TO CHANGE THIS SCHEDULE