



FAMILY POOL SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Swim Lessons 9:25-11:50am	Pre & Post Natal 9 - 10 am	Fab 50's & Swimnastics 9 - 10 am	Pre & Post Natal 9 - 10 am		Swim Lessons ONLY 8:40am - 12 pm	
Water walking 10am-12pm			Swim Lessons 9:25-11:50am	Swim Lessons 9:25-11:50am		
10 am-12pm Spray playground	Water walking 10a	9:25-11:50am	Water walking 10a	Aqua Boot Camp	Open Swim 12:30-5:30pm	Open Swim 11am- 2:45pm
Arthritis Class 10:15-11am	10 am-12pm Spray playground	10 am-12pm Spray playground	10 am-12pm Spray playground	10 am-12pm Spray playground		
Swim Lessons 4-5:40pm	Swim Lessons 4-5:40pm	Swim Lessons 4-5:40pm	Swim Lessons 4-5:40pm	Open Swim 5:30-8:30 pm		
Open Swim 5:30-8:30 pm	Open Swim 5:30-8:30 pm	Open Swim 5:30-8:30 pm	Open Swim 5:30-8:30 pm			

ALL CHILDREN UNDER 10 YEARS OLD MUST BE ACCOMPANIED BY AN ADULT IN THE FAMILY POOL AT ALL TIMES

ADULT ONLY WATER WALKING AVAILABLE IN THE FAMILY POOL'S WATER VORTEX MON-FRI 10AM-12PM

LAP POOL SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim 5 - 9 am 6 lanes open	Lap Swim 5 - 9:25 am 6 lanes open	Lap Swim 5 - 9:25 am 6 lanes open	Lap Swim 5 - 9:25 am 6 lanes open	Lap Swim 5 - 9 am 6 lanes open	Lap Swim 6 - 8:40 am	
Swimnastics 9-10		Swim Lessons 9:25-11:50am		MASTERS SWIM CLASS 9:30-11am	HS Swim Practice 6-8am	
Swim Lessons 9:25-11:50am ***	Swim Lessons 9:25-11:50am ***	Deep Water 10:15-11:15am	Swim Lessons 9:25-11:50am ***		AM Private Lessons	Swim Lessons 8:40am - 12 pm **
Family Swim 12-1pm ***	Family Swim 12-1pm ***	Family Swim 12-1pm ***	Family Swim 12-1pm ***	Family Swim 11am - 1pm	Adult/Teen Lessons	
Open & Lap Swim 1 - 3:50 pm ***	Open & Lap Swim 1 - 3:50 pm ***	Open & Lap Swim 1 - 3:50 pm ***	Open & Lap Swim 1 - 3:50 pm ***	Open & Lap Swim 1 - 9:30pm ***	Family Swim 12 - 1 pm ****	****
Private Lessons 4pm	Private Lessons 4pm	Private Lessons 4pm	Private Lessons 4pm	Private Lessons 4pm	Open & Lap Swim 1 - 5:30 pm ****	
Swim Lessons 3:55 - 7 pm	Swim Lessons 3:55 - 7 pm	Swim Lessons 3:55 - 7 pm	Swim Lessons 3:55 - 7 pm	HS Swim Practice 4:15-6:30pm		
No lap swim 5:30-7pm	No lap swim 6:30-7pm	No lap swim 5:30-7pm	No lap swim 6:30-7pm	Please check the current YMCA brochure for specialty classes & swim clinics scheduled on various Fridays		
Porpoise Club 5:30-6:30pm	Deep Water 6:30-7:30pm	Porpoise Club 5:30-6:30pm	Deep Water 6:30-7:30pm			
Aqua Aerobics 6:30-7:30pm		Aqua Aerobics 6:30-7:30pm	Adult/Teen Lessons 7:15-8:00pm			
Plainfield HS Swim Practice Mon-Thu 7:30-9:30pm in 3-4 lanes						
Open & Lap Swim 7 - 9:30 pm	Open & Lap Swim 7 - 9:30 pm	Open & Lap Swim 7 - 9:30 pm	Open & Lap Swim 7 - 9:30 pm			
*** Indicates when there will be at least 3 lap lanes available.				LAP POOL CLOSED for HS Swim Meet		
** Indicates when there will be at least 2 lap lanes available				Saturday, Dec 12th from 12-4pm		

Attention YMCA Members:
Children under 10 yrs old must be accompanied by an adult in the water at **ALL** times.

The YMCA tries to keep at least one lane open for lap swimming, however, there are times when this is not possible due to programming.

PLEASE NOTE LAP SWIMMING IS NOT AVAILABLE MON & WED 5:30-7PM OR ON TUE & THU FROM 6:30-7PM

FOR YOUR SAFETY THE LIFEGUARD HAS THE AUTHORITY TO CHANGE THIS SCHEDULE