



NATIONAL CHAMPIONS

****Please note this list is only as complete as the records & results we have been able to collect.***

- 1968 – Joann Crossen wins Women’s 100 Breaststroke with a 1:10.20 at 1968 Short Course YMCA Nationals.
- 1975 – Paula Hummel wins Women’s 200 Freestyle with a 1:56.41 at 1975 Short Course YMCA Nationals.
- 1978 – Dave Sims wins Men’s 1650 Freestyle with a 16:07.96 at 1978 Short Course YMCA Nationals.
- 1980 – Laura Brown receives Eastern Airlines Annual Outstanding YMCA Swimmer Participant Award at 1980 Short Course YMCA Nationals meet. This award is given to the athlete that best exemplifies ideals of YMCA competitive swimming and characteristics of a true champion. The athlete receives a 16-inch tall trophy and a name plate on the 36-inch tall trophy which stays housed at the International Swimming Hall of Fame in Fort Lauderdale, FL.
- 1980 – Dave Sims wins Men’s 200 Freestyle with a 1:40.47 at 1980 Short Course YMCA Nationals.
- 1980 – Dave Sims wins Men’s 500 Freestyle with a 4:27.12 at 1980 Short Course YMCA Nationals.
- 1980 – Dave Sims wins Men’s 1650 Freestyle with a 15:19.24 at 1980 Short Course YMCA Nationals.
- 1980 – Carol Wiegand wins Women’s 100 Backstroke with a 59.22 at 1980 Short Course YMCA Nationals, one year after winning the same event swimming for Sarasota YMCA.
- 1980 – Carol Wiegand wins Women’s 200 Backstroke with a 2:05.92 at 1980 Short Course YMCA Nationals, one year after winning the same event swimming for Sarasota YMCA.
- 1980 – Joliet YMCA wins Women’s 400 Medley Relay (Carol Wiegand, Laura Brown, Lynn Kowal, Donna Decker) with a 4:00.93 at 1980 Short Course YMCA Nationals.
- 1983 – Stephanie Putzi wins Women’s 100 Breaststroke with a 1:06.98 at 1983 Short Course YMCA Nationals.
- 1983 – Lisa Rakoski wins Women’s 50 Freestyle with a 24.20 at 1983 Short Course YMCA Nationals.
- 1984 – Bridgett Bowman wins Women’s 500 Freestyle with a 4:48.44 at 1984 Short Course YMCA Nationals.
- 1984 – Bridgett Bowman wins Women’s 1650 Freestyle with a 16:32.86 at 1984 Short Course YMCA Nationals.
- 1984 – Bridgett Bowman wins Women’s 200 Backstroke with a 2:03.99 at 1984 Short Course YMCA Nationals.
- 1984 – Stephanie Putzi wins Women’s 200 Breaststroke with a 2:19.80 at 1984 Short Course YMCA Nationals.

- 1984 – Lisa Rakoski wins Women’s 100 Freestyle with a 51.78 at 1984 Short Course YMCA Nationals.
- 1984 – Mark Stori wins Men’s 200 Backstroke with a 1:53.47 at 1984 Short Course YMCA Nationals, one year after winning the same event for Rock Island, IL.
- 1984 – Joliet YMCA wins Women’s 400 Medley Relay (Bridgett Bowman, Stephanie Putzi, Lisa Rakoski, Brooke Bowman) with a 3:54.64 at 1984 Short Course YMCA Nationals.
- 1985 – Ben Bates wins Men’s 200 Backstroke with a 1:53.56 at 1985 Short Course YMCA Nationals.
- 1985 – Bridgett Bowman wins Women’s 200 IM with a 2:04.08 at 1985 Short Course YMCA Nationals.
- 1985 – Bridgett Bowman wins Women’s 400 IM with a 4:21.63 at 1985 Short Course YMCA Nationals.
- 1985 – Stephanie Putzi wins Women’s 100 Breaststroke with a 1:05.49 at 1985 Short Course YMCA Nationals.
- 1985 – Stephanie Putzi wins Women’s 200 Breaststroke with a 2:20.14 at 1985 Short Course YMCA Nationals.
- 1985 – Jodi Quas wins Women’s 100 Backstroke with a 57.62 at 1985 Short Course YMCA Nationals.
- 1985 – Jodi Quas wins Women’s 200 Backstroke with a 2:03.46 at 1985 Short Course YMCA Nationals.
- 1985 – Lisa Rakoski wins Women’s 100 Butterfly with a 56.57 at 1985 Short Course YMCA Nationals.
- 1985 – Joliet YMCA wins Women’s 200 Freestyle Relay with a 1:37.30 at 1985 Short Course YMCA Nationals.
- 1985 – Joliet YMCA wins Women’s 400 Freestyle Relay (Lisa Rakoski, Brooke Bowman, Bridgett Bowman, Jodi Quas) with a 3:30.38 at 1985 Short Course YMCA Nationals.
- 1985 – Joliet YMCA wins Women’s 800 Freestyle Relay (Bridgett Bowman, Stephanie Putzi, Jodi Quas, Brooke Bowman) with a 7:33.72 at 1985 Short Course YMCA Nationals.
- 1985 – Joliet YMCA wins Women’s 400 Medley Relay (Bridgett Bowman, Stephanie Putzi, Brooke Bowman, Jodi Quas) with a 3:52.57 at 1985 Short Course YMCA Nationals.
- 1986 – Bridgett Bowman wins Women’s 1650 Freestyle with a 16:23.24 at 1986 Short Course YMCA Nationals.
- 1986 – Bridgett Bowman wins Women’s 200 IM with a 2:04.05 at 1986 Short Course YMCA Nationals.
- 1986 – Bridgett Bowman wins Women’s 400 IM with a 4:20.55 at 1986 Short Course YMCA Nationals.
- 1986 – Michael Wiegand wins Men’s 200 Freestyle with a 1:41.15 at 1986 Short Course YMCA Nationals.
- 1986 – Joliet YMCA wins Men’s 800 Freestyle Relay (Ben Bates, Eric Wilhelm, J.J. Curcio, Michael Wiegand) with a 6:53.33 at 1986 Short Course YMCA Nationals.
- 1987 – Cathy Dietrich wins Women’s 1650 Freestyle with a 16:40.83 at 1987 Short Course YMCA Nationals.
- 1987 – Jodi Quas wins Women’s 400 IM with a 4:28.44 at 1987 Short Course YMCA Nationals.
- 1987 – Joliet YMCA wins Men’s 800 Freestyle Relay with a 6:49.71 at 1987 Short Course YMCA Nationals.
- 1993 – Kortney Schell wins Women’s 1 Meter Diving with a score of 330.35 at 1993 Short Course YMCA Nationals.
- 2004 – Ashley Jones wins Women’s 200 Butterfly with a 2:00.98 at 2004 Short Course YMCA Nationals.

- 2004 – Ashley Jones wins Women’s 200 IM with a 2:01.00 at 2004 Short Course YMCA Nationals.
- 2004 – Ashley Jones wins Women’s 400 IM with a 4:14.61 at 2004 Short Course YMCA Nationals.
- 2004 – Ashley Jones wins Women’s 200 IM with a 2:19.57 at 2004 Long Course YMCA Nationals.
- 2004 – Ashley Jones wins Women’s 400 IM with a 4:53.41 at 2004 Long Course YMCA Nationals.
- 2005 – Ashley Jones wins Women’s 100 Backstroke with a 55.28 at 2005 Short Course YMCA Nationals.
- 2005 – Ashley Jones wins Women’s 200 Backstroke with a 1:58.35 at 2005 Short Course YMCA Nationals.
- 2005 – Ashley Jones wins Women’s 200 IM with a 2:02.39 at 2005 Short Course YMCA Nationals.
- 2005 – Ashley Jones wins Women’s 400 IM with a 4:16.68 at 2005 Short Course YMCA Nationals.
- 2005 – Ashley Jones wins Women’s 50 Backstroke with a 30.42 at 2005 Long Course YMCA Nationals.
- 2005 – Ashley Jones wins Women’s 100 Backstroke with a 1:04.16 at 2005 Long Course YMCA Nationals.
- 2005 – Ashley Jones wins Women’s 200 Backstroke with a 2:16.42 at 2005 Long Course YMCA Nationals.
- 2005 – Ashley Jones wins Women’s 200 IM with a 2:22.16 at 2005 Long Course YMCA Nationals.